# Thiol, Disulfide, and Trisulfide Complexes of Ru Porphyrins: Potential Models for Iron-Sulfur Bonds in Heme Proteins 

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## S Supporting Information


#### Abstract

Thirty-two Ru (porp) $\mathrm{L}_{2}$ complexes have been synthesized, where porp $=$ the dianion of meso-tetramesitylporphyrin (TMP) or meso-tetrakis(4-methylphenyl)porphyrin ( $\mathrm{H}_{2} \mathrm{~T}-\mathrm{pMe}-\mathrm{PP}$ ), and $\mathrm{L}=$ a thiol, a sulfide, a disulfide, or a trisulfide. Species studied were with RSH [ $\mathrm{R}=$ $\mathrm{Me}, \mathrm{Et},{ }^{n} \mathrm{Pr},{ }^{i} \mathrm{Pr},{ }^{\dagger} \mathrm{Bu}, \mathrm{Bn}$ (benzyl), and Ph$]$, RSR ( $\mathrm{R}=\mathrm{Me}, \mathrm{Bn}$ ), RSSR ( $\mathrm{R}=\mathrm{Me}, \mathrm{Et},{ }^{n} \mathrm{Pr}, \mathrm{Bn}$ ) and $\mathrm{MeSS}^{t} \mathrm{Bu}$, and $\operatorname{RSSSR}(\mathrm{R}=\mathrm{Me}, \mathrm{Bn})$. All the species except two, which were the isolated $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})\left({ }^{t} \mathrm{BuSH}\right)_{2}$ and  $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$, were characterized in situ. The disulfide complex was characterized by X-ray analysis. ${ }^{1} \mathrm{H}$ NMR data for the coordinated thiols are the first reported within metalloporphyrin systems, and are especially informative because of the upfield shifts of the axial sulfur-containing ligands due to the porphyrin $\pi$-ring current effect, which is also present in the di- and trisulfide species. The disulfide in the solid state structure of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$ is $\eta^{1}$ (end-on) coordinated, the first example of such bonding in a nontethered, acyclic dialkyl disulfide; ${ }^{1} \mathrm{H}-{ }^{1} \mathrm{H}$ EXSY NMR data in solution show that the species undergoes $1,2-\mathrm{S}$-metallotropic shifts. Stepwise formation of the bis(disulfide) complex from $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ in solution occurs with a cooperativity effect, resembling behavior of $\mathrm{Fe}^{\mathrm{II}}-$ porphyrin systems where crystal field effects dominate, but ligand trans-effects are more likely in the Ru system. The $\eta^{1}$ (end-on) coordination mode is also favored for the trisulfide ligand. Discussed also are the remarkable linear correlations that exist between the ring-current shielding shifts for the axial ligand $C^{1}$ protons of $\mathrm{Ru}(\operatorname{porp})\left(\mathrm{RS}_{x} \mathrm{R}\right)_{2}$ and $x$ (the number of S atoms). The Introduction briefly reviews literature on Ru - and Fe porphyrins (including heme proteins) with sulfur-containing ligands or substrates, and relationships between our findings and this literature are discussed throughout the paper.


## 1. INTRODUCTION

Heme proteins that contain S-donor molecules as ligands proximal to the heme moiety are involved in a plethora of biological reactions and processes, in which $\mathrm{Fe}-\mathrm{S}$ interactions play catalytic and/or structural roles. ${ }^{1}$ In these systems, the S-donor is usually a residual cysteine or methionine group from the protein chain, but the Fe (heme)-sulfur bond can also result from interaction with a S-containing substrate or exogenous ligand (see below). The reactions at the Fe -center often involve ligand activation and redox processes, which are frequently accompanied by spin-state transitions (e.g., in cytochromes P450) that may complicate the study of these systems; ${ }^{2}$ such complications are encountered also in biomimetic Fe -porphyrin models. ${ }^{3}$ In contrast, Ru -porphyrin species, regardless of the metal oxidation state, are generally low-spin, and are useful in modeling low-spin heme systems/ intermediates. In addition to studies from our group, ${ }^{4}$ reports from others ${ }^{5-8}$ have provided a general coordination framework for interactions between S -donor ligands and Ru porphyrins (see Chart 1). Some of these Ru species have already assisted in the identification/characterization of naturally occurring interactions between S-containing proteins and the heme moiety (see below).

Our group was the first to report (in 1987) on well-defined, S-ligated Ru -porphyrin complexes, when studies on the
$\mathrm{O}_{2}$-oxidation of thioethers catalyzed by Ru porphyrins led to characterization of complexes with thioethers and S- and O-bonded sulfoxides as axial ligands (Chart $1, a-d){ }^{4 a-d}$ The complex $\mathrm{Ru}(\mathrm{OEP})(\mathrm{DMSO})_{2}(\mathrm{OEP}=$ dianion of $\beta$-octaethylporphyrin) was reported in 1975, but was uncharacterized, with even the elemental analysis being unsatisfactory. ${ }^{9}$ Although our studies were primarily focused on mono- and dioxygenase-type catalytic activity, the Ru complexes are of value as models for methionine-ligated heme proteins, such as cytochrome $c$ and bacterioferritin, where electronic and structural effects of the axial ligands on the metalloprotein properties continue to be of interest. ${ }^{10,11}$ In cytochrome $c$, a protein involved in respiratory electron transport, the heme ligands are imidazole and thioether moieties from His-18 and Met-80, respectively (Chart 2, a). Under oxidative stress, the Met-80 may be oxidized to the sulfoxide (MetSO-80), which alters the structure and function of the protein, and it has been shown that the MetSO-80 is S-coordinated to the ferrous heme (Chart 2, b) but does not bind to the ferric heme. ${ }^{10}$ The thioether and sulfoxide Ru -porphyrin complexes have been recognized as convenient models for the native and oxidatively damaged cytochrome c, respectively. ${ }^{10}$ Further, bond lengths and angles

[^0]Chart 1. Ruthenium Porphyrins With Sulfur Ligands

(a)

(e)

(b)

(f)

(c)

(g)

(d)

(h)

Chart 2. Some Iron Porphyrins With Sulfur Ligands ( $\mathrm{L}=$ Various Ligands)

(a)

(d)

(b)

(e)

(c)

(f)
in the $\mathrm{Ru}^{\mathrm{II}}-$ and $\mathrm{Ru}^{\mathrm{III}}$-bis(thioether) complexes are not significantly different, ${ }^{4 g}$ mimicking a functional feature of cytochrome $c$, where the reversible $\mathrm{Fe}^{\mathrm{III}} / \mathrm{Fe}^{\mathrm{II}}$ redox process involves minimal structural change; ${ }^{12}$ similar behavior has also been observed in Fe -porphyrin-based model systems. ${ }^{12}$ Bacterioferritin, which has a heme moiety with axially coordinated methionine residues (Chart 2c), ${ }^{13}$ is usually associated with mobile iron storage, but its physiological function has not been definitely established. ${ }^{1 \mathrm{~b}}$ The Fe -center is low-spin in both $\mathrm{Fe}^{\mathrm{II}}$ and $\mathrm{Fe}^{\text {III }}$ oxidation states, ${ }^{11 \mathrm{~b}}$ a common feature of all bis(thioether) $\mathrm{Ru}-$ porphyrin complexes. ${ }^{4, \mathrm{~b}}$ Our group has also reported the watersoluble complex, $\mathrm{Na}_{4}\left[\mathrm{Ru}(\right.$ porp $\left.)(S-\mathrm{DMSO})_{2}\right]$ (porp $=$ meso-tetrakis(4-sulfonatophenyl)porphyrin) for use as a potential radiosensitizer, ${ }^{4 f}$ while the neutral TPP analogue has been reported by others in connection with catalytic oxidations. ${ }^{14}$

Episulfide (thiirane) complexes of Ru porphyrins (Chart 1, e) have provided a useful model for the "side-on" transition state of olefin epoxidation with oxo-metalloporphyrins and, ultimately, oxo-ferryl monooxygenases. ${ }^{5}$ Measured binding constants of episulfides were larger than those of the corresponding epoxides
and, although not noted in the original work, ${ }^{5 \mathrm{bb}}$ these results have significant implications in some drug design, where epoxide- and episulfide-substituted androgens have been tested as inhibitors of aromatase cytochromes P450 (Chart 2, d): the latter are $\sim 5$-fold more effective likely due to the relative binding-affinity to the heme group (Chart 2, e). ${ }^{15}$ The cysteinate-ligated heme proteins constitute the rate-limiting component of the enzymes in the biosynthesis of endogenous estrogens via androgen aromatization and, because of the physiological role of estrogen in hormone-dependent cancers, these enzymes are important medicinal targets for drug design and cancer treatments. ${ }^{16}$ The bis(episulfide) complex (Chart 1,f) is a precursor to a $\mathrm{Ru}_{2}{ }^{\mathrm{II}}$ species (Chart $1, \mathrm{~g}$ ) with bent geometry at the $\mu$-S moiety, which contrasts with the linear geometry of the $\mu$-oxo homologue. ${ }^{8}$

Thiolate-ligated Ru (nitrosyl) porphyrins (Chart 1, h) have been studied as models ${ }^{6,7}$ of heme-thiolate proteins, specifically the nitric oxide synthases, which are cysteinate-ligated heme enzymes (Chart 2, f) responsible for the biosynthesis of NO. ${ }^{17}$ One synthetic reaction of note is the net trans-addition of an organic thionitrite to a Ru (carbonyl) porphyrin (eq 1). . $^{\text {a,c }}$ Details on the model compounds and their relevance to biological systems have been reviewed. ${ }^{6 f}$ Protonation of the cysteinate ligand of cytochrome P450 to the cysteine-ligated form, at least in the ferrous state (Chart 3, a), is thought to give the inactive, so-called cytochrome $\mathrm{P} 420 ;{ }^{18}$ attempts to generate a coordinated thiol via protonation of the Ru (porp)(NO)(SR) complexes were unsuccessful, the chemistry resulting in cleavage of the $\mathrm{Ru}-\mathrm{S}$ bond. ${ }^{\text {6d }}$

$$
\begin{align*}
& \mathrm{Ru}(\text { porp })(\mathrm{CO})+\mathrm{RS}(\mathrm{NO}) \\
& \quad \rightarrow \mathrm{Ru}(\text { porp })(\mathrm{NO})(\mathrm{SR})+\mathrm{CO} \tag{1}
\end{align*}
$$

Other biologically relevant S-containing compounds that interact with heme proteins, and for which (prior to our work) there were no Ru -porphyrin analogues, included MeSSMe , $\mathrm{HS}^{-}$, and $\mathrm{H}_{2} \mathrm{~S}$. Spectroscopic evidence supports coordination of MeSSMe to ferric cytochrome P450 (Chart 3, b), ${ }^{19}$ and interaction of $\mathrm{H}_{2} \mathrm{~S}$ with cytochrome P 450 yields a hydrosulfide complex (Chart 3, c), ${ }^{19}$ whereas a mollusk $\mathrm{H}_{2} \mathrm{~S}$-transport heme protein forms stable $\mathrm{H}_{2} \mathrm{~S}$-adducts (Chart 3, d). ${ }^{20}$ Examples of

## Chart 3. Heme Proteins With Coordinated Cysteine/Cysteinate


(a)

(b)

(c)

(d)
coordinated thiols and $\mathrm{H}_{2} \mathrm{~S}$, including nonporphyrin chemistry, are relatively rare, ${ }^{21}$ because attempted coordination of thiols (and $\mathrm{H}_{2} \mathrm{~S}$ ) usually results in formation of the respective thiolato/hydrosulfido via deprotonation, or hydrido-thiolato species via oxidative addition, with the thiol- or $\mathrm{H}_{2} \mathrm{~S}$-adduct usually been considered as an intermediate. ${ }^{21}$

The studies reported in this paper stemmed initially from interest in $\mathrm{O}_{2}$-oxidation of thiols catalyzed by Ru -porphyrin complexes as a model for oxygenase systems, but as the research progressed, the interest expanded and became increasingly coupled to mimicking biological sulfur-containing systems. We found that thiols coordinate to Ru porphyrins to generate $\mathrm{Ru}($ porp $)(\mathrm{RSH})_{2}$ products that could prove useful as biological models. During our thiol studies, disulfides were sometimes generated and these were also found to coordinate as such, rather than undergoing the more common oxidative addition reactions exemplified by eqs 2 and 3 , processes that are not well-understood. ${ }^{22}$ The studies were also extended to

$$
\begin{align*}
\mathrm{M}^{(n)}+\operatorname{RSSR} & \rightarrow\left[\mathrm{M}\left(\eta^{1}-\mathrm{RSSR}\right)\right] \\
& \rightarrow\left[\mathrm{M}\left(\eta^{2}-\mathrm{RSSR}\right)\right] \\
& \rightarrow \mathrm{M}^{(n+2)}(\mathrm{SR})_{2}  \tag{2}\\
2 \mathrm{M}^{(n)}+\mathrm{RSSR} & \rightarrow\left\{\left[\mathrm{M}\left(\eta^{1}-\mathrm{RSSR}\right)\right]+\mathrm{M}\right\} \\
& \rightarrow\left[\mathrm{M}_{2}(\mu-\mathrm{RSSR})\right] \\
& \rightarrow 2 \mathrm{M}^{(n+1)}(\mathrm{SR}) \tag{3}
\end{align*}
$$

include trisulfides. Although trisulfide-ligated heme proteins are currently unknown, trisulfides can show high anticarcinogenic and antiproliferatory activity, and modulation of cytochrome P450 has been implicated in such activity; see section 3.4.

## 2. EXPERIMENTAL SECTION

2.1. General. $\mathrm{CH}_{3} \mathrm{SH}(\mathrm{CP}, \geq 99.5 \%)$ and anhydrous $\mathrm{H}_{2} \mathrm{~S}$ (technical purity, $\geq 99 \%$ ) were used as received from Matheson Gas Co. All other thiols, sulfides, disulfides (except $\mathrm{MeSS}^{t} \mathrm{Bu}$ ) and trisulfides were reagent grade and used as purchased from Aldrich Chemical Co. MeSS ${ }^{t} \mathrm{Bu}$ was prepared from the reaction between MeSSMe and ${ }^{t}$ BuSH using a literature procedure; ${ }^{24}$ the ${ }^{1} \mathrm{H}$ NMR spectra and GC analyses of the crude, isolated product (nondistilled) indicated that it was a mixture of $\mathrm{MeSS}^{t} \mathrm{Bu}(85 \%)$ and ${ }^{t} \mathrm{BuSS}^{t} \mathrm{Bu}$ ( $15 \%$ ), which was used as such. All reactions and manipulations were carried out under anaerobic conditions, unless stated otherwise. Ar (Praxair, $99.996 \%$ ) was percolated through an active Ridox column (Fisher Scientific). Benzene was treated with Na /benzoquinone, distilled under $\mathrm{N}_{2}$, and used immediately. All solvents, including $\mathrm{C}_{6} \mathrm{D}_{6}$ purchased from Cambridge Isotope Laboratories, Inc., and liquid reagents were deoxygenated by purging with Ar. All general solvents and reagents were reagent grade and were used as supplied by Aldrich
or Fisher Scientific. Suba-seal and rubber septa were thoroughly washed with $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ and dried in an oven at $40^{\circ} \mathrm{C}$ prior to use.

Elemental analysis was performed on a Carlo Erba EA 1108 analyzer. All ${ }^{1} \mathrm{H}$ NMR spectra were measured in $\mathrm{C}_{6} \mathrm{D}_{6}$ at room temperature ( $\sim 295 \mathrm{~K}$ ) on Bruker AV300 or AV400 spectrometers ( 300.13 and 400.13 MHz , respectively), and referenced to residual solvent protons of TMS-free $\mathrm{C}_{6} \mathrm{D}_{6}(\delta 7.15) ; ~ s=$ singlet, $\mathrm{d}=$ doublet, $\mathrm{t}=$ triplet, $\mathrm{q}=$ quartet, $\mathrm{m}=$ multiplet $(\mathrm{J}$ values are given in Hz ). MS data were collected on a Bruker Biflex matrix-assisted laser desorption ionization time-of-flight (MALDI-TOF) spectrometer. IR spectra ( KBr ) were recorded on a Nicolet 4700 FT-IR spectrometer. GC analysis of EtSSEt was done on a Hewlett-Packard 5890A instrument equipped with an $\mathrm{H}_{2} /$ air FID, and an HP 3392A integrator. The Praxair gases [air (breathing grade), $\mathrm{H}_{2}$ (extra dry), and He (high ultrapure)] were purified with an activated charcoal trap (Supelco), while the He carrier gas was further purified using a high capacity gas purifier (Supelco). A semipolar high-resolution DB-17 GC column from J\&W Scientific ( $30 \mathrm{~m} \times 0.32 \mathrm{~mm}$ with film thickness $0.25 \mu \mathrm{~m}$ ) was used, as well as a Chromosorb W-HP precolumn for retention of nonvolatile materials.

Figures and Tables deposited in the Supporting Information (SI) are labeled, respectively, Figures S1, S2, S3, S4, and Tables S1, S2.
2.2. Ru -Porphyrin Precursors. $\mathrm{Ru}(\mathrm{TMP})(\mathrm{CO})\left(\mathrm{H}_{2} \mathrm{O}\right),{ }^{25} \mathrm{Ru}(\mathrm{T}-$ $p \mathrm{Me}-\mathrm{PP})(\mathrm{CO}) \mathrm{L}\left(\mathrm{L}=\mathrm{H}_{2} \mathrm{O}, \mathrm{MeCN}\right),{ }^{26} \mathrm{Ru}(\mathrm{TMP})(\mathrm{O})_{2},{ }^{27}$ and $\mathrm{Ru}(\mathrm{TMP}) \mathrm{Cl}_{2}{ }^{28}$ were prepared using the reported methods (TMP = dianion of meso-tetramesitylporphyrin or meso-tetrakis(2,4,6trimethylphenyl)porphyrin; T-pMe-PP = dianion of meso-tetrakis(4-methylphenyl)porphyrin). Air-sensitive $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ and $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-$ $P \mathrm{P})(\mathrm{MeCN})_{2}$ samples were prepared via photolysis of the respective carbonyl precursor. ${ }^{29}{ }^{1} \mathrm{H}$ NMR data for $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ (in $\left.\mathrm{C}_{6} \mathrm{D}_{6}\right)$ and $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})(\mathrm{MeCN})_{2}\left(\right.$ in $\left.\mathrm{CDCl}_{3}\right)$ agreed with literature values, ${ }^{27 \mathrm{~b}, 30}$ and revealed purity of the compounds; additionally, IR spectra showed no carbonyl stretching vibration. All the chemistry involving trans bis-MeCN species was carried out in $\mathrm{C}_{6} \mathrm{D}_{6}$ at room temperature, and ${ }^{1} \mathrm{H}$ NMR data for the T-pMe-PP species in this solvent (not previously reported) are given below:
$\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})(\mathrm{MeCN})_{2}:{ }^{1} \mathrm{H}$ NMR $\delta 8.99$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.43 ( $\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 7.32 ( $\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 2.39 ( s , $\left.12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-2.14\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \mathrm{CN}\right)$.
2.3. $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})\left({ }^{( } \mathrm{BuSH}\right)_{2} . \mathrm{Ru}(\mathrm{T}-p \mathrm{Me}-\mathrm{PP})(\mathrm{MeCN})_{2}$, prepared from $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})(\mathrm{CO})(\mathrm{MeCN})\left(4.97 \mathrm{mg}, 5.9 \times 10^{-3} \mathrm{mmol}\right)$ in a septum-sealed photolysis vial, was dissolved in $\mathrm{C}_{6} \mathrm{H}_{6}(2 \mathrm{~mL})$, and then degassed ${ }^{t}$ BuSH was added $(0.50 \mathrm{~mL}, 4.44 \mathrm{mmol})$. The solution was shaken for 10 min , and then evaporation at room temperature over 24 h to dryness yielded $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})\left({ }^{\text {t }} \mathrm{BuSH}\right)_{2}$ quantitatively. Anal. Calcd for $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})\left({ }^{( } \mathrm{BuSH}\right)_{2}, \mathrm{C}_{56} \mathrm{H}_{56} \mathrm{~N}_{4} \mathrm{RuS}_{2}: \mathrm{C}, 70.78 ; \mathrm{H}, 5.94 ; \mathrm{N}, 5.90$. Found: C, 70.88; H, 5.93; N, 6.02. ${ }^{1} \mathrm{H}$ NMR: $\delta 8.80$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.22 (AA'BB', $8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 7.32 (AA'BB', $8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 2.40 $\left(\mathrm{s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-1.50\left(\mathrm{~s}, 18 \mathrm{H},\left(\mathrm{CH}_{3}\right)_{3} \mathrm{CSH}\right),-3.84\left(\mathrm{~s}, 2 \mathrm{H},{ }^{t} \mathrm{BuSH}\right)$.
2.4. $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$. The above method, but using $\mathrm{Ru}-$ (TMP)(MeCN) ${ }_{2}$ prepared from $\mathrm{Ru}(\mathrm{TMP})(\mathrm{CO})(\mathrm{MeCN})(5.00 \mathrm{mg}$, $\left.5.9 \times 10^{-3} \mathrm{mmol}\right)$, and degassed MeSSMe ( $0.10 \mathrm{~mL}, 1.11 \mathrm{mmol}$ ), yielded $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$ quantitatively. Anal. Calcd for Ru(TMP)(MeSSMe) ${ }_{2}, \mathrm{C}_{60} \mathrm{H}_{64} \mathrm{~N}_{4} \mathrm{RuS}_{2}: \mathrm{C}, 67.32 ; \mathrm{H}, 6.03 ; \mathrm{N}, 5.23$. Found: C, 67.22; H, 5.24; N, 4.98. ${ }^{1} \mathrm{H}$ NMR: $\delta 8.56$ (s, $8 \mathrm{H}, \beta$-pyrrole), $7.20\left(\mathrm{~m}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}\right), 2.46\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.20(\mathrm{~s}, 24 \mathrm{H}$, $\left.o-\mathrm{CH}_{3}\right), 0.13\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{Ru}-\mathrm{S}-\mathrm{S}\left(\mathrm{CH}_{3}\right)\right),-1.65\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{Ru}-\mathrm{S}\left(\mathrm{CH}_{3}\right)-\mathrm{S}\right)$.
2.5. X-ray Analysis of $\operatorname{Ru}(T M P)(M e S S M e)_{2}$. A brown, platelet crystal of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2} \cdot 2 \mathrm{C}_{6} \mathrm{H}_{6}(0.30 \mathrm{~mm} \times 0.25 \mathrm{~mm} \times$ 0.10 mm ) was grown from a mixture of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}(\sim 1 \mathrm{mg})$ and MeSSMe ( $\sim 10$ equiv) in $\mathrm{C}_{6} \mathrm{H}_{6}(0.50 \mathrm{~mL})$ under Ar. X-ray analysis was conducted at 173 K using a Rigaku/ADSC CCD area detector with graphite monochromated Mo $\mathrm{K} \alpha$ radiation $(\lambda=0.71069 \AA)$. The data were collected and processed using the $d^{*}$ TREK program, ${ }^{31}$ and the structure was solved by direct methods ${ }^{32}$ and expanded using Fourier techniques. ${ }^{33}$ The final unit-cell parameters were based on 9101 reflections with $2 \theta_{\max }=55.8^{\circ}$. The $\mathrm{C}_{6} \mathrm{H}_{6}$ molecules were disordered and were modeled using rigid groups in three orientations with relative populations of $0.5: 0.25: 0.25$. All non- H atoms and those of the solvent molecules were refined anisotropically. The maximum and minimum residual densities on the final difference Fourier map corresponded to 0.715 and $-0.517 \mathrm{e} / \AA^{3}$, respectively. All calculations were performed using the teXsan ${ }^{34}$ crystallographic software package. Full crystallographic data (CIF file) are given in the SI. Selected crystallographic data are listed in Table 1. The checkcif file reveals two

Table 1. Selected Crystallographic Data for $\mathbf{R u}(T M P)(M e S S M e) \cdot 2 \cdot 2 C_{6} H_{6}$

| empirical formula | $\mathrm{C}_{60} \mathrm{H}_{64} \mathrm{~N}_{4} \mathrm{~S}_{4} \mathrm{Ru} \cdot 2 \mathrm{C}_{6} \mathrm{H}_{6}$ | fw | 1226.68 |
| :---: | :---: | :---: | :---: |
| space group | $\mathrm{P} \overline{1}$ (no. 2) | Z | 1 |
| $a(\AA)$ | 10.5434(11) | $D_{\text {calc }} \mathrm{g} / \mathrm{cm}^{3}$ | 1.298 |
| $b(\AA)$ | 11.0635(19) | $\mu, \mathrm{cm}^{-1}$ | 4.28 |
| $c(\AA)$ | 14.3107(11 | total reflns | 13466 |
| $\alpha$ (deg) | 104.502(2) | unique reflns | 6022 |
| $\beta$ (deg) | 97.703(2) | $R(F)(I \geq 2 \sigma(I))^{a}$ | $0.039^{\text {c }}$ |
| $\gamma$ (deg) | 99.046(4) | $\underset{\text { wh2 }\left(F^{2}\right)}{\text { data } \left.^{b}\right)}$ | 0.105 |
| $V\left(\AA^{3}\right)$ | 1569.5(3) | GOF | 1.09 |
| ${ }^{a_{R}}=\Sigma\left(\left\\|F_{0}\|-\| F_{c}\right\\|\right) / \Sigma\left\|F_{o}\right\| .{ }^{b} w R 2=\left[\Sigma\left(F_{o}{ }^{2}-F_{c}^{2}\right)^{2} / \Sigma w\left(F_{o}^{2}\right)^{2}\right]^{1 / 2} .$ <br> ${ }^{c} 5264$ observations. |  |  |  |

B Alerts: the first results from the diffractometer being a prototype that had inadequate collision protection, which made it impossible to collect a complete data set on triclinic unit cells; the second alert is a consequence of H50 being part of a disordered benzene (over three sites), in which a minor fragment is adjacent to C28.
2.6. In Situ, ${ }^{1} \mathrm{H}$ NMR-Scale Syntheses of Ru(porp) $L_{2}$ Species (L = RSH, RSR, RSSR', RSSSR) from Ru(porp)(MeCN) ${ }_{2}$ Complexes (porp $=$ TMP or T-pMe-PP).
2.6.1. Gaseous and Liquid $L . L=R S H$ with $R=M e, E t,{ }^{n} P r,{ }^{i} P r,{ }^{t} B u$, Bn(benzyl), Ph; $L=R S R$ with $R=M e, B n ; L=R S S R$ with $R=M e, E t$, ${ }^{n}$ Pr; and $L=M e S S{ }^{t} B u$ or MeSSSMe). In an Ar glovebox, 0.50 mL of a solution of $\mathrm{Ru}($ porp $)(\mathrm{MeCN})_{2}$ in $\mathrm{C}_{6} \mathrm{D}_{6}\left(2.0 \times 10^{-3} \mathrm{~mol} \mathrm{~L}^{-1}\right)$ was transferred to an NMR-tube capped with a septum. Outside the glovebox, degassed L ( 10 equiv per $\mathrm{Ru}, 10^{-3} \mathrm{mmol}$ ) was then added via a microsyringe. For the gaseous MeSH , the precursor solution was frozen at $0^{\circ} \mathrm{C}$, and the Ar headspace was replaced by MeSH ( 1 atm ). In all cases, the exterior of the septum and the upper portion of the tube were wrapped with Parafilm to minimize $\mathrm{O}_{2}$ diffusion. The tube was gently swirled, carefully avoiding contact between the solution and the septum (which absorbed the Ru complexes), and the ${ }^{1} \mathrm{H}$ NMR spectra were then recorded at $25^{\circ} \mathrm{C}$. The $\delta$ values are reported to the second decimal place, although analyses of different batches of $\mathrm{Ru}($ porp $) \mathrm{L}_{2}$ species indicated a $\pm 0.005 \mathrm{ppm}$ reproducibility. With in situ formation of all species, a ${ }^{1} \mathrm{H}$ signal for the dissociated $\mathrm{CH}_{3} \mathrm{CN}$ (integrating to six protons) was seen at $\delta 0.59$.

An NMR-scale reaction between $\mathrm{H}_{2} \mathrm{~S}$ and $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ in $\mathrm{C}_{6} \mathrm{D}_{6}$ followed the same procedure described for the reaction with MeSH , but with $\mathrm{H}_{2} \mathrm{~S}$ being used instead of MeSH .
$\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSH}) 2 \cdot{ }^{1} \mathrm{H}$ NMR: $\delta 8.47$ (s, $8 \mathrm{H}, \beta$-pyrrole), 2.44 (s, 12 H , $\left.p-\mathrm{CH}_{3}\right), 2.06\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-2.22\left(\mathrm{~d}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.59, \mathrm{CH}_{3} \mathrm{SH}\right)$, $-4.04\left(\mathrm{q}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.59, \mathrm{MeSH}\right)$. The signal for the mesityl $m$-protons $\left(m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}\right)$ was not observed and is assumed to be under the residual solvent signal at $\delta 7.15$.
$\mathrm{Ru}(T-p M e-P P)(\mathrm{MeSH})_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.75$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.13 (AA'BB', 8H, o-C ${ }_{6} H_{4} \mathrm{Me}$ ), 7.29 ( $\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 2.41 (s, $\left.12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-2.56\left(\mathrm{~d}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.52, \mathrm{CH}_{3} \mathrm{SH}\right),-4.27(\mathrm{q}, 2 \mathrm{H}$, $\left.{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.52, \mathrm{SH}\right)$.
$R u(T M P)(E t S H)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.49$ (s, $8 \mathrm{H}, \beta$-pyrrole), 2.44 ( $\mathrm{s}, 12 \mathrm{H}$, $\left.p-\mathrm{CH}_{3}\right), 2.09\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-1.13\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.47, \mathrm{CH}_{3} \mathrm{CH}_{2}\right)$, $-1.80\left(\mathrm{~m}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.47,{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.35, \mathrm{CH}_{2} \mathrm{SH}\right),-3.93\left(\mathrm{t}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=\right.$ $7.35, \mathrm{SH})$. The $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ signal is assumed to be under the $\delta 7.15$ solvent signal.
$\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})(\mathrm{EtSH})_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.80$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.18 (AA'BB', $\left.8 \mathrm{H}, \quad o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.29\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, \quad m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 2.39$ $\left(\mathrm{s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-1.48\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.43, \mathrm{CH}_{3} \mathrm{CH}_{2}\right),-2.10(\mathrm{~m}$, $\left.4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.43,{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.23, \mathrm{CH}_{2} \mathrm{SH}\right),-4.10\left(\mathrm{t}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.23, \mathrm{SH}\right)$.
$\operatorname{Ru}(T M P)\left({ }^{n} \operatorname{PrSH}\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.49(\mathrm{~s}, 8 \mathrm{H}, \beta$-pyrrole), $2.44(\mathrm{~s}, 12 \mathrm{H}$, $\left.p-\mathrm{CH}_{3}\right), 2.10\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-0.60\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.19, \mathrm{CH}_{3} \mathrm{CH}_{2}\right)$, -0.70 to $-0.81\left(\mathrm{~m}, 4 \mathrm{H}, \mathrm{CH}_{2} \mathrm{CH}_{2} \mathrm{SH}\right),-1.84$ to $-1.92(\mathrm{~m}, 4 \mathrm{H}$, $\left.\mathrm{CH}_{2} \mathrm{SH}\right),-3.93\left(\mathrm{t}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=8.37 \mathrm{~Hz}, \mathrm{SH}\right)$. The $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ signal is under the $\delta 7.15$ solvent signal.
$R u(T-p M e-P P)\left({ }^{n} P r S H\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.80$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.19 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.29\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 2.39$ ( s , $\left.12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-0.66\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.29, \mathrm{CH}_{3} \mathrm{CH}_{2}\right),-1.23$ to -1.31 (m, $\left.4 \mathrm{H}, \mathrm{CH}_{2} \mathrm{CH}_{2} \mathrm{SH}\right),-2.09$ to $-2.16\left(\mathrm{~m}, 4 \mathrm{H}, \mathrm{CH}_{2} \mathrm{SH}\right),-4.09$ $\left(\mathrm{t}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.11, \mathrm{SH}\right)$.

Ru(TMP)( $\left.{ }^{( } \operatorname{PrSH}\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.47$ ( $\mathrm{s}, 8 \mathrm{H}, \beta$-pyrrole), 2.44 ( $\mathrm{s}, 12 \mathrm{H}$, $\left.p-\mathrm{CH}_{3}\right), 2.11\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-1.19\left(\mathrm{~d}, 12 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=6.69\right.$, $\left.\left(\mathrm{CH}_{3}\right)_{2} \mathrm{CH}\right),-1.56\left(\mathrm{~m}, 2 \mathrm{H},{ }^{3} J_{\mathrm{HH}}=6.69,{ }^{3} \mathrm{~J}_{\mathrm{HH}}=1.86, \mathrm{CHSH}\right)$, $-3.82\left(\mathrm{~d}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=1.86, \mathrm{SH}\right)$. The $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ signal is assumed to be under the $\delta 7.15$ solvent signal.
$R u(T-p M e-P P)\left({ }^{i} P r S H\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.78$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.18 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, \quad o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.31$ ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, \quad m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 2.39$ (s, $\left.12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-1.43\left(\mathrm{~d}, 12 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=6.60,\left(\mathrm{CH}_{3}\right)_{2} \mathrm{CH}\right),-1.69$ $\left(\mathrm{m}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=6.60,{ }^{3} \mathrm{~J}_{\mathrm{HH}}=2.52,\left(\mathrm{CH}_{3}\right)_{2} \mathrm{CH}\right),-4.02\left(\mathrm{~d}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=\right.$ 2.52, SH).
$\left.R u(T M P)\left({ }^{t} B u S H\right)\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.51$ (s, $8 \mathrm{H}, \beta$-pyrrole), $7.17(\mathrm{~s}, 8 \mathrm{H}$, $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ ), $2.44\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.19\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-1.29$ (s, $\left.18 \mathrm{H},\left(\mathrm{CH}_{3}\right)_{3} \mathrm{C}\right),-3.70(\mathrm{~s}, 2 \mathrm{H}, \mathrm{SH})$.
$R u(T-p M e-P P)\left({ }^{t} B u S H\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.80$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.22 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.32\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 2.40$ ( s , $\left.12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-1.50\left(\mathrm{~s}, 18 \mathrm{H},\left(\mathrm{CH}_{3}\right)_{3} \mathrm{C}\right),-3.84(\mathrm{~s}, 2 \mathrm{H}, \mathrm{SH})$. These data are identical to those of the isolated $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})\left({ }^{t} \mathrm{BuSH}\right)_{2}$ species.
$R u(T M P)(B n S H))_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.57$ ( $\mathrm{s}, 8 \mathrm{H}, \beta$-pyrrole), 7.12 ( $\mathrm{s}, 8 \mathrm{H}$, $\left.m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}\right), 6.46-6.40\left(\mathrm{~m}, 2 \mathrm{H}, p-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{CH}_{2}\right), 6.36-6.31(\mathrm{~m}, 4 \mathrm{H}, m-$ $\left.\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{CH}_{2}\right), 5.43-5.40\left(\mathrm{~m}, 4 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{CH}_{2}\right), 2.41\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right)$, $2.07\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-0.65\left(\mathrm{~d}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=8.64, \mathrm{PhCH}_{2}\right),-3.41$ $\left(\mathrm{t}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=8.64, \mathrm{SH}\right)$.
$R u(T-p M e-P P)(B n S H)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.83$ ( $\mathrm{s}, 8 \mathrm{H}, \beta$-pyrrole), 8.15 ( $\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} H_{4} \mathrm{Me}$ ), $7.27\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 6.44-6.38$ (m, 2H, $p-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{CH}_{2}$ ), 6.33-6.27 (m, $\left.4 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{CH}_{2}\right), 5.17-5.13$ $\left(\mathrm{m}, 4 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{CH}_{2}\right), 2.39\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-0.94\left(\mathrm{~d}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=\right.$ 7.66, $\mathrm{PhCH}_{2}$ ), $-3.74\left(\mathrm{t}, 2 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.66, \mathrm{SH}\right)$.
$R u(T M P)(P h S H)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.50$ (s, $8 \mathrm{H}, \beta$-pyrrole), $6.21-6.16$ $\left(\mathrm{m}, 2 \mathrm{H}, p-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{SH}\right), 5.91-5.89\left(\mathrm{~m}, 4 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{SH}\right), 4.13-4.09(\mathrm{~m}$, $\left.4 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{SH}\right), 2.44\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 1.96\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-2.09$ $(\mathrm{s}, 2 \mathrm{H}, \mathrm{SH})$. The $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ signal is assumed to be under the $\delta 7.15$ solvent signal.
$R u(T-p M e-P P)(P h S H)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.71$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.09 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.34\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 6.45-6.39$ $\left(\mathrm{m}, 2 \mathrm{H}, p-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{SH}\right), 6.09-6.03\left(\mathrm{~m}, 4 \mathrm{H}, m-\mathrm{C}_{6} H_{5} \mathrm{SH}\right), 3.85-3.81$ $\left(\mathrm{m}, 4 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{5} \mathrm{SH}\right), 2.43\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-2.50(\mathrm{~s}, 2 \mathrm{H}, \mathrm{SH})$.
$\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSMe})_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.43$ ( $\mathrm{s}, 8 \mathrm{H}, \beta$-pyrrole), 2.44 ( s , $\left.12 \mathrm{H}, \mathrm{p}-\mathrm{CH}_{3}\right), 2.12\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-2.03\left(\mathrm{~s}, 12 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{3}\right)_{2}\right)$. The $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ protons were not detected.
$R u(T-p M e-P P)(M e S M e)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.71$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.09 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, \quad o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.28$ ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, \quad m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 2.39$ (s, 12H, $\left.p-\mathrm{CH}_{3}\right),-2.23\left(\mathrm{~s}, 12 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{3}\right)_{2}\right)$.
$R u(T M P)(B n S B n)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.56(\mathrm{~s}, 8 \mathrm{H}, \beta$-pyrrole), $6.38-6.33$ (m, 4H, $\left.\mathrm{S}\left(\mathrm{CH}_{2}-p-\mathrm{C}_{6} \mathrm{H}_{5}\right)_{2}\right), 6.25-6.21\left(\mathrm{~m}, 8 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{2}-m-\mathrm{C}_{6} \mathrm{H}_{5}\right)_{2}\right)$, $5.26-5.23\left(\mathrm{~m}, 8 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{2}-\mathrm{o}-\mathrm{C}_{6} \mathrm{H}_{5}\right)_{2}\right), 2.41\left(\mathrm{~s}, 12 \mathrm{H}, \mathrm{p}-\mathrm{CH}_{3}\right), 2.18$ (s,
$\left.24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-0.43\left(\mathrm{~s}, 8 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{2} \mathrm{Ph}\right)_{2}\right)$. The mesityl $m$-protons were not detected.
$R u(T-p M e-P P)(B n S B n)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.81$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.15 ( $\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 7.25 ( $\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 6.47-6.42 $\left(\mathrm{m}, 4 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{2}-p-\mathrm{C}_{6} \mathrm{H}_{5}\right)_{2}\right), 6.36-6.30\left(\mathrm{~m}, 8 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{2}-m-\mathrm{C}_{6} \mathrm{H}_{5}\right)_{2}\right)$, 5.14-5.11 (m, 8H, S $\left.\left(\mathrm{CH}_{2}-o-\mathrm{C}_{6} \mathrm{H}_{5}\right)_{2}\right), 2.37\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-0.59$ (s, $\left.8 \mathrm{H}, \mathrm{S}\left(\mathrm{CH}_{2} \mathrm{Ph}\right)_{2}\right)$.
$R u(T M P)(M e S S M e)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.56$ ( $\mathrm{s}, 8 \mathrm{H}, \beta$-pyrrole), 7.20 ( s , $8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ ), $2.46\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.20\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right), 0.13$ $\left(\mathrm{s}, 6 \mathrm{H}, \mathrm{Me} \underline{\mathrm{S}} \mathrm{SCH}_{3}\right),-1.65\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \underline{\mathrm{SSMe}}\right)$. These data are identical to those of the isolated $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$.
$R u(T-p M e-P P)(M e S S M e)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.85$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.23 (AA'BB', $\left.8 \mathrm{H}, \quad o-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 7.32\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 2.40$ (s, $\left.12 \mathrm{H}, p-\mathrm{CH}_{3}\right),-0.12\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{Me} \underline{S C H}_{3}\right),-1.92\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \underline{\mathrm{SS}} \mathrm{Se}\right)$.
$R u(T M P)(E t S S E t){ }_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.54(\mathrm{~s}, 8 \mathrm{H}, \beta$-pyrrole), $7.22(\mathrm{~s}, 8 \mathrm{H}$, $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ ), $2.46\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.23\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right), 0.62$ (q, $4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.28$, EtSSCH $),-0.26\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.28, \mathrm{EtSSCH}_{2} \mathrm{CH}_{3}\right)$, $-0.75\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.26, \mathrm{CH}_{3} \mathrm{CH}_{2} \underline{S S E t}\right),-1.67\left(\mathrm{q}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.26\right.$, $\left.\mathrm{CH}_{3} \mathrm{CH}_{2} \mathrm{SSEt}\right)$.
$R u(T-p M e-P P)(E t S S E t)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.85(\mathrm{~s}, 8 \mathrm{H}, \beta$-pyrrole), 8.26 (AA'BB', 8H, o-C. $\mathrm{H}_{4} \mathrm{Me}$ ), 7.37 (AA'BB', $8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 2.40 $\left(\mathrm{s}, 12 \mathrm{H}, \mathrm{CH}_{3}\right), 0.43\left(\mathrm{q}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.17, \mathrm{Et} \underline{S S C H} \mathrm{CH}_{3}\right),-0.31(\mathrm{t}$, $\left.6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.17, \mathrm{EtSSCH}_{2} \mathrm{CH}_{3}\right),-1.03\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.23\right.$, $\left.\mathrm{CH}_{3} \mathrm{CH}_{2} \underline{\mathrm{SSEt}}\right),-1.80\left(\mathrm{q}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.23, \mathrm{CH}_{3} \mathrm{CH}_{2} \underline{\mathrm{SSEt}}\right)$.
$\operatorname{Ru}(T M P)\left({ }^{n} \operatorname{PrSS}{ }^{n} \operatorname{Pr}\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.53$ (s, $8 \mathrm{H}, \beta$-pyrrole), 7.22 $\left(\mathrm{s}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}\right), 2.46\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.25\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right), 0.68$ $\left(\mathrm{t}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.28,{ }^{n} \operatorname{Pr} \underline{S S C} \mathrm{H}_{2} \mathrm{CH}_{2}\right), 0.20-0.08(\mathrm{~m}, 4 \mathrm{H}$, $\left.{ }^{n} \operatorname{Pr} \underline{S} \mathrm{SCH}_{2} \mathrm{CH}_{2}\right), 0.00\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=6.59,{ }^{n} \mathrm{Pr}_{2} \mathrm{SCH}_{2} \mathrm{CH}_{2} \mathrm{CH}_{3}\right)$, -0.25 to $-0.40\left(\mathrm{~m}, 10 \mathrm{H}, \mathrm{CH}_{2} \mathrm{CH}_{2} \underline{S^{n}} \mathrm{Pr}\right.$ and $\left.\mathrm{CH}_{3} \mathrm{CH}_{2} \mathrm{CH}_{2} \underline{S}^{n} \mathrm{Pr}\right)$, $-1.71\left(\mathrm{t}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=6.42 \mathrm{~Hz}, \mathrm{CH}_{3} \mathrm{CH}_{2} \mathrm{CH}_{2} \underline{S} S^{n} \mathrm{Pr}\right) . \mathrm{A}^{1} \mathrm{H}-{ }^{1} \mathrm{H}$ COSY NMR spectrum (Figure S1) was used to confirm the assignments for the ${ }^{n} \operatorname{PrSS}{ }^{n} \operatorname{Pr}$ moieties.
$R u(T-p M e-P P)\left({ }^{n} \operatorname{PrSS}{ }^{n} P r\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.86$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.28 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.34\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 2.40$ (s, $\left.12 \mathrm{H}, \mathrm{CH}_{3}\right), 0.49-0.43\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \operatorname{PrS} \mathrm{SCH}_{2}\right), 0.08-0.02(\mathrm{~m}, 10 \mathrm{H}$, ${ }^{n} \operatorname{PrSSCH} \mathrm{CH}_{2}$ and $\left.{ }^{n} \operatorname{Pr} \underline{S S C H} \mathrm{CH}_{2} \mathrm{CH}_{3}\right),-0.35\left(\mathrm{t}, 6 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=6.92\right.$, $\left.\mathrm{CH}_{3} \mathrm{CH}_{2} \mathrm{CH}_{2} \underline{S}^{n} \operatorname{Pr}\right),-0.65$ to $-0.78\left(\mathrm{~m}, 4 \mathrm{H}, \mathrm{CH}_{2} \mathrm{CH}_{2} \underline{S S}^{n} \mathrm{Pr}\right),-1.77$ $\left(\mathrm{t}, 4 \mathrm{H},{ }^{3} \mathrm{~J}_{\mathrm{HH}}=7.55, \mathrm{CH}_{2} \underline{S} S^{n} \mathrm{Pr}\right)$. A ${ }^{1} \mathrm{H}-{ }^{1} \mathrm{H}$ COSY NMR spectrum (Figure S2) was again used to confirm assignments for the disulfide moieties.
$\operatorname{Ru}(T M P)\left(\mathrm{MeSS}^{t} B u\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.53$ ( $\mathrm{s}, 8 \mathrm{H}, \beta$-pyrrole), 7.21 ( s , $8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ ), $2.46\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.26\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right),-0.17$ (s, 18H, MeSSC $\left.\left(\mathrm{CH}_{3}\right)_{3}\right),-1.52\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \underline{\mathrm{~S}}{ }^{t} \mathrm{Bu}\right)$.
$R u(T-p M e-P P)\left(M e S S^{t} B u\right)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.83$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.26 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 7.33\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 2.41$ (s, $\left.12 \mathrm{H}, \mathrm{p}-\mathrm{CH}_{3}\right),-0.24\left(\mathrm{~s}, 18 \mathrm{H}, \underline{\mathrm{SSC}}\left(\mathrm{CH}_{3}\right)_{3}\right),-1.77\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \underline{S_{S}} \mathrm{Bu}\right)$.
$\mathrm{Ru}(T M P)(M e S S S M e)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.55(\mathrm{~s}, 8 \mathrm{H}, \beta$-pyrrole), 7.17 (s, $8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ ), $2.44\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.16\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right), 0.78$ ( $\mathrm{s}, 6 \mathrm{H}, \mathrm{CH}_{3} \underline{\underline{S} S S C H} 3$ ), $-1.45\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \underline{S_{S S C H}^{3}}\right)$.
$R u(T-p M e-P P)(M e S S S M e)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.83$ (s, $8 \mathrm{H}, \beta$-pyrrole), $8.16\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 7.30\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 2.40(\mathrm{~s}$, $\left.12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 0.74\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \mathrm{SSSCH}_{3}\right),-1.72\left(\mathrm{~s}, 6 \mathrm{H}, \mathrm{CH}_{3} \mathrm{SSSCH}_{3}\right)$.
2.6.2. Solid $L(L=B n S S B n, B n S S S B n)$. In an Ar glovebox, 0.50 mL of a solution of $\mathrm{Ru}($ porp $)(\mathrm{MeCN})_{2}$ in $\mathrm{C}_{6} \mathrm{D}_{6}\left(2.0 \times 10^{-3} \mathrm{~mol} \mathrm{~L}^{-1}\right)$ was transferred to a NMR tube containing $\mathrm{L}\left(10\right.$ equiv per $\mathrm{Ru}, 10^{-3}$ $\mathrm{mmol})$. The tube was sealed with a septum, removed from the glovebox, and again wrapped with Parafilm.
$R u(T M P)(B n S S B n){ }_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.62$ (s, $8 \mathrm{H}, \beta$-pyrrole), $6.77-6.68$ $\left(\mathrm{m}, 6 \mathrm{H}, \quad \mathrm{BnSSCH} 2-m, p-\mathrm{C}_{6} \mathrm{H}_{5}\right), 6.50-6.35\left(\mathrm{~m}, 6 \mathrm{H}, \quad m, p-\mathrm{C}_{6} \mathrm{H}_{5}\right.$ $\left.\mathrm{CH}_{2} \underline{\mathrm{SSBn}}\right), 5.90-5.85\left(\mathrm{~m}, 4 \mathrm{H}, \mathrm{BnSSCH} 2-0-\mathrm{C}_{6} H_{5}\right), 5.75-5.71(\mathrm{~m}$, $\left.4 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{5}-\mathrm{CH}_{2} \underline{\mathrm{SSBn}}\right), 2.43\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.18\left(\mathrm{~s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right)$, $1.25\left(\mathrm{~s}, 4 \mathrm{H}, \mathrm{Bn} \underline{S} \mathrm{SCH}_{2} \mathrm{Ph}\right),-0.49$ ( $\mathrm{s}, 4 \mathrm{H}, \mathrm{PhCH}_{2} \underline{\mathrm{SSBn})}$. The $m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ protons were not detected.
$R u(T-p M e-P P)(B n S S B n)_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.88$ (s, 8H, $\beta$-pyrrole), 8.20 ( $\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}$ ), 7.29 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 6.90-6.79$ $\left(\mathrm{m}, 6 \mathrm{H}, \mathrm{Bn}^{2} \mathrm{SCH}_{2}-m, p-\mathrm{C}_{6} H_{5}\right), 6.44-6.39\left(\mathrm{~m}, 2 \mathrm{H}, p-\mathrm{C}_{6} \mathrm{H}_{5}-\mathrm{CH}_{2} \underline{\mathrm{SSBn}}\right)$, 6.29-6.23 (m, 4H, m-C $\left.{ }_{6} H_{5}-\mathrm{CH}_{2} \underline{\mathrm{~S} S B n}\right), 5.88-5.80\left(\mathrm{~m}, 4 \mathrm{H}, \mathrm{Bn}^{2} \mathrm{SSCH}_{2}-\right.$ $\left.o-\mathrm{C}_{6} \mathrm{H}_{5}\right), 5.48-5.42\left(\mathrm{~m}, 6 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{5}-\mathrm{CH}_{2} \underline{\mathrm{SSBn}}\right), 2.40\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right)$, 1.08 ( $\mathrm{s}, 4 \mathrm{H}, \mathrm{Bn} \underline{S} \mathrm{SCH}_{2} \mathrm{Ph}$ ), -0.72 ( $\mathrm{s}, 4 \mathrm{H}, \mathrm{PhCH}_{2} \underline{\mathrm{SSBn})}$.
$R u(T M P)(B n S S S B n))_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.63$ ( $\mathrm{s}, 8 \mathrm{H}, \beta$-pyrrole), 7.17 (s, $8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{2} \mathrm{Me}_{3}$ ), 6.77-6.71 (m, 6H, BnSSSCH ${ }_{2}-m, p-\mathrm{C}_{6} \mathrm{H}_{5}$ ), 6.426.37 (m, 6H, m,p-C. $\left.\mathrm{H}_{5}-\mathrm{CH}_{2} \underline{\mathrm{SSSBn}}\right), 6.31-6.26\left(\mathrm{~m}, 4 \mathrm{H}, \mathrm{BnSSSCH}_{2}-\mathrm{o}-\right.$ $\mathrm{C}_{6} \mathrm{H}_{5}$ ), 5.72-5.68 (m, 4H, o-C $\left.\mathrm{C}_{5}-\mathrm{CH}_{2} \underline{\mathrm{SSSBn}}\right), 2.43\left(\mathrm{~s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right)$, 2.27 ( $\left.\mathrm{s}, 24 \mathrm{H}, o-\mathrm{CH}_{3}\right), 2.00(\mathrm{~s}, 4 \mathrm{H}, \mathrm{BnSSSCH} 2 \mathrm{Ph}),-0.37$ ( $\mathrm{s}, 4 \mathrm{H}$, $\mathrm{PhCH}_{2} \underline{\mathrm{~S} S S B n) .}$
$R u(T-p M e-P P)(B n S S S B n))_{2}:{ }^{1} \mathrm{H}$ NMR: $\delta 8.92$ (s, $8 \mathrm{H}, \beta$-pyrrole), 8.22 ( $\left.\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, o-\mathrm{C}_{6} H_{4} \mathrm{Me}\right), 7.25\left(\mathrm{AA}^{\prime} \mathrm{BB}^{\prime}, 8 \mathrm{H}, m-\mathrm{C}_{6} \mathrm{H}_{4} \mathrm{Me}\right), 6.83-6.77$ $\left(\mathrm{m}, ~ 6 \mathrm{H}, \quad \mathrm{BnSSSCH} \mathrm{Z}_{2}-m, p-\mathrm{C}_{6} \mathrm{H}_{5}\right), 6.47-6.40\left(\mathrm{~m}, 2 \mathrm{H}, p-\mathrm{C}_{6} \mathrm{H}_{5}-\right.$ $\left.\mathrm{CH}_{2} \underline{S} S S B n\right), 6.39-6.29\left(\mathrm{~m}, 8 \mathrm{H}, m-\mathrm{C}_{6} H_{5}-\mathrm{CH}_{2} \underline{\mathrm{SSSBn}}\right.$ and $\left.\mathrm{BnSSSCH}_{2}-o-\mathrm{C}_{6} H_{5}\right), 5.56-5.49\left(\mathrm{~m}, 6 \mathrm{H}, o-\mathrm{C}_{6} \mathrm{H}_{5}-\mathrm{CH}_{2} \underline{\underline{S} S S B n}\right), 2.36$ $\left(\mathrm{s}, 12 \mathrm{H}, p-\mathrm{CH}_{3}\right), 2.31(\mathrm{~s}, 4 \mathrm{H}, \mathrm{Bn} \underline{S S S C H} 2 \mathrm{Ph}),-0.45(\mathrm{~s}, 4 \mathrm{H}$, $\mathrm{PhCH}_{2} \mathrm{SSSBn}$ ).
2.7. Equilibria Constants for the $\operatorname{Ru}(T M P)(M e C N) ~(M e S S M e ~$ System. Information on these was determined via a ${ }^{1} \mathrm{H}$ NMR titration method. A solution of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ in $\mathrm{C}_{6} \mathrm{D}_{6}\left(2.65 \times 10^{-3} \mathrm{~mol}\right.$ $\mathrm{L}^{-1}$; 0.45 mL ) under Ar in a sealed NMR tube was titrated with aliquots ( $2.5-5.0 \mu \mathrm{~L}$ ) of an anaerobic solution of MeSSMe in $\mathrm{C}_{6} \mathrm{D}_{6}$ $\left(9.90 \times 10^{-2} \mathrm{~mol} \mathrm{~L}^{-1}\right)$. After each addition, the mixture was shaken and the tube placed in the NMR probe for about 15 min prior to data acquisition. The tube was removed from the probe only for addition of MeSSMe in order to avoid temperature fluctuation; the probe and the disulfide solution were kept at $25.0 \pm 0.1{ }^{\circ} \mathrm{C}$. The dilution effect of the addition of the MeSSMe solution on the concentrations of Ru and MeSSMe was taken into account in the calculations.

## 3. RESULTS AND DISCUSSION

3.1. Coordination of Thiols, Sulfides, Disulfides, and Trisulfides. Bis-thiol, -sulfide, -disulfide, and -trisulfide Ru porphyrin complexes were prepared by using Ru (porp)$(\mathrm{MeCN})_{2}$ and an excess of the sulfur-containing compound in benzene under anaerobic conditions. The relatively labile, diamagnetic MeCN precursors, prepared thermally ${ }^{30}$ or photolytically ${ }^{29}$ from Ru (porp)(CO)(solvent) species, have been widely used in syntheses of Ru -porphyrin complexes. $4 \mathrm{~d}, \mathrm{~h}, 27,35$ The thiol studies were initiated using $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ species, because the sterically hindered $\mathrm{Ru}(\mathrm{TMP})$ moiety shows unique reactivity toward small molecules compared to non-ortho-substituted Ru porphyrins ${ }^{4 \mathrm{~h}, 27 \mathrm{~b}, 36}$ like the $\mathrm{H}_{2} \mathrm{TPP}$ based systems exemplified here by $\mathrm{Ru}(\mathrm{T}-p \mathrm{Me}-\mathrm{PP})(\mathrm{MeCN})_{2}$. The $\mathrm{H}_{2}$ TMP-based complexes (e.g., vs those of $\mathrm{H}_{2} \mathrm{~T}-o, o^{\prime} \mathrm{Cl}_{2}-\mathrm{PP}$, the meso-tetrakis(2,6-dichlorophenyl)porphyrin), which have been studied extensively in both diamagnetic and paramagnetic species, ${ }^{4 \mathrm{c}, \mathrm{d}, \mathrm{h}, 27,28 \mathrm{~b}, 30,35 \mathrm{~b}, 36,37}$ are particularly instructive in that the ${ }^{1} \mathrm{H}$ NMR signal(s) of the $o-\mathrm{Me}$ group provide $(\mathrm{s})$ an excellent probe for the axial symmetry of the system. ${ }^{4 h, 27 b, 36}$

All the reactions described here, which are mainly in situ on an NMR scale, are completed quantitatively in $\sim 10 \mathrm{~min}$, and isolation of $\mathrm{Ru}(\mathrm{T}-p \mathrm{Me}-\mathrm{PP})\left({ }^{t} \mathrm{BuSH}\right)_{2}$ and $\mathrm{Ru}(\mathrm{TMP})$ $(\mathrm{MeSSMe})_{2}$ in quantitiative yield exemplifies the synthetic methodolgy. The products are characterized by ${ }^{1} \mathrm{H}$ NMR, elemental analyses (for the isolated complexes) and, in the case of the disulfide, by X-ray crystallography. The reactants and products are all diamagnetic, and since the axial ligands were strongly shielded by the porphyrin ring current, the resonances for the coordinated ligands could be readily assigned even in the presence of excess ligand. Such use of metalloporphyrins as NMR shift reagents is well established. ${ }^{4 b, 38}$
3.2. Bis-Thiol and Bis-Sulfide Complexes. The Ru(porp) $(\mathrm{RSH})_{2}$ complexes $(\mathrm{R}=$ alkyl or aryl) containing TMP reveal a single ${ }^{1} \mathrm{H}$ resonance for the $o-\mathrm{Me}$ substituent, while the T-pMe-PP species show an $A^{\prime} \mathrm{BB}^{\prime}$ spin pattern for the phenyl protons, data that are consistent with a horizontal, symmetry plane structure. NMR studies covering the range $\delta+100$ to -200 showed the absence of other diamagnetic or paramagnetic


Figure 1. In situ ${ }^{1} \mathrm{H}$ NMR spectra ( 300 MHz ) of $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})(\mathrm{BnSH})_{2}$ (top) and $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSH})_{2}$ (bottom) with coordinated RSH signals expanded. Assignments: $\mathrm{a}, \mathrm{b}, \mathrm{c}$, d , e, for coordinated RSH; $\beta$ for $\beta$-pyrrole; f , free RSH; g, residual "grease"; $m$ for $m-\mathrm{C}_{6} \mathrm{H}_{4} ; \mathrm{n}, \mathrm{free} \mathrm{MeCN}$; o for $o-\mathrm{C}_{6} \mathrm{H}_{4}$; S, residual $\mathrm{C}_{6} \mathrm{H}_{6}$; st, satellite signals ( ${ }^{1} \mathrm{H}-{ }^{13} \mathrm{C}$ coupling) of S ; w, residual $\mathrm{H}_{2} \mathrm{O}$. m- $\mathrm{C}_{6} \mathrm{H}_{2}$ signal hidden under S signal.
species. The synthetic substitution reaction was characterized by the loss of the ${ }^{1} \mathrm{H}$ singlet of coordinated MeCN of the $\mathrm{Ru}($ porp $)(\mathrm{MeCN})_{2}$ species ( $\delta-1.33$ and -2.14 , respectively, for the TMP ${ }^{27 \mathrm{~b}, 30}$ and T-pMe-PP species) and the appearance of a $\delta$ 0.59 signal for free MeCN (integrating to 6 protons).

Typical spectral changes for the in situ experiments are shown in Figure 1. Thiol proton assignments are based on the $\delta$ values, signal multiplicity and integration. The closer a proton is to the porphyrin plane, the more shielded it is, relative to the corresponding free ligand proton (Table 2); ${ }^{1} \mathrm{H}$ NMR data for the free thiols are given in Table S1. The two-proton, SH signal is the most upfield shifted because of its proximity to the porphyrin $\pi$-ring current. Of note, the $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})$ moiety is more effective than $\mathrm{Ru}(\mathrm{TMP})$ in shielding the axial ligand protons (Table 2); this porphyrin $\pi$-ring current effect has been studied more extensively using eight other porphyrins, and the findings ${ }^{23}$ will be presented elsewhere. To the best of our knowledge, the NMR data in Table 2 are the first reported on thiol-bound metalloporphyrin complexes.

The ${ }^{1} \mathrm{H}$ NMR resonances of $\mathrm{Ru}(\mathrm{TMP})\left(\mathrm{R}_{2} \mathrm{~S}\right)_{2}$ and $\mathrm{Ru}(\mathrm{T}-$ $p \mathrm{Me}-\mathrm{PP})\left(\mathrm{R}_{2} \mathrm{~S}\right)_{2}(\mathrm{R}=\mathrm{Me}, \mathrm{Bn})$ are readily assigned; upfield shifts for the alkyl moieties of the coordinated sulfides are similar to those reported previously for $\mathrm{Ru}(\mathrm{OEP})(\mathrm{MeSMe})_{2}{ }^{4 \mathrm{e}}$

These shift data will be considered again with those of analogous disulfide and trisulfide complexes (see section 3.4)

The $\mathrm{Ru}(\mathrm{TMP})(\mathrm{EtSH})_{2}$ complex was also prepared from $\mathrm{Ru}^{\mathrm{VI}}(\mathrm{TMP})(\mathrm{O})_{2}$ or $\mathrm{Ru}^{\mathrm{IV}}(\mathrm{TMP}) \mathrm{Cl}_{2}$ as shown in eqs 4 and 5 , where the thiol is a reducing agent and the ligand donor. The metal reduction is accompanied by stoichiometric formation of EtSSEt, which was quantitatively identified in both reactions by ${ }^{1} \mathrm{H}$ NMR and GC analyses. Water, another coproduct in reaction 4, was also observed by ${ }^{1} \mathrm{H}$ NMR spectroscopy, whereas the necessary HCl coproduct in reaction 5 was not detected, most likely because of fast exchange with excess thiol.

$$
\begin{align*}
& \mathrm{Ru}(\mathrm{TMP})(\mathrm{O})_{2}+6 \mathrm{EtSH} \\
& \quad \rightarrow \mathrm{Ru}(\mathrm{TMP})(\mathrm{EtSH})_{2}+2 \mathrm{EtSSEt}+2 \mathrm{H}_{2} \mathrm{O}  \tag{4}\\
& \mathrm{Ru}(\mathrm{TMP}) \mathrm{Cl}_{2}+4 \mathrm{EtSH} \\
& \quad \rightarrow \mathrm{Ru}(\mathrm{TMP})(\mathrm{EtSH})_{2}+\mathrm{EtSSEt}+2 \mathrm{HCl} \tag{5}
\end{align*}
$$

Scheme 1 outlines synthetic routes for $\mathrm{Ru}(T M P)(\mathrm{RSH})_{2}$ (the amalgam reduction of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{O})_{2}$ to $\mathrm{Ru}(\mathrm{TMP})$ $(\mathrm{MeCN})_{2}$ was reported by Groves et al. $\left.{ }^{30}\right)$. The bis $(\mathrm{MeCN})$ species provide the cleanest synthesis, since the other routes

Table 2. Ring-current Effects in the $\mathbf{R u}($ porp $)(\text { RSH })_{2}$ Species ${ }^{a}$

| $\mathrm{Ru}($ porp ) | RSH | $\Delta \delta_{\mathrm{H}}=\delta_{\mathrm{H}}($ free thiol $)-\delta_{\mathrm{H}}($ coordinated thiol $)$ |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | SH | $\mathrm{C}^{1} \mathrm{H}$ | $\mathrm{C}^{2} \mathrm{H}$ | $\mathrm{C}^{3} \mathrm{H}$ | $o-H-\mathrm{Ph}$ | $m-\mathrm{H}-\mathrm{Ph}$ | $p-H-\mathrm{Ph}$ |
| $\mathrm{Ru}(\mathrm{TMP})$ | MeSH | 4.84 | 3.71 | - | - | - | - | - |
|  | EtSH | 4.99 | 3.87 | 2.07 |  | - | - | - |
|  | ${ }^{n} \mathrm{PrSH}$ | 4.95 | 3.95 | 2.05 | 1.31 | - | - | - |
|  | ${ }^{i} \mathrm{PrSH}$ | 5.15 | 4.29 | 2.23 | - | - | - | - |
|  | ${ }^{\text {t }} \mathrm{BuSH}$ | 5.31 | - | 2.49 | - | - | - | - |
|  | BnSH | 4.80 | 3.90 | - | - | 1.62 | 0.69 | 0.60 |
|  | PhSH | 5.09 | - | - | - | 2.86 | 0.96 | 0.67 |
| $\mathrm{Ru}(\mathrm{T}-\mathrm{p} \mathrm{Me}-\mathrm{PP})$ | MeSH | 5.07 | 4.05 | - | - | - | - | - |
|  | EtSH | 5.16 | 4.17 | 2.42 | - | - | - | - |
|  | ${ }^{n} \mathrm{PrSH}$ | 5.11 | 4.20 | 2.56 | 1.37 | - | - | - |
|  | ${ }^{i} \mathrm{PrSH}$ | 5.35 | 4.42 | 2.47 | - | - | - | - |
|  | ${ }^{\text {t }} \mathrm{BuSH}$ | 5.45 | - | 2.70 | - | - | - | - |
|  | BnSH | 4.86 | 4.19 | - | - | 1.88 | 0.73 | 0.62 |
|  | PhSH | 5.50 | - | - | - | 3.14 | 0.80 | 0.44 |

${ }^{a} \delta$ values in $\mathrm{ppm}\left(\mathrm{C}_{6} \mathrm{D}_{6}\right)$; data for free thiols are given in Table S1.

## Scheme 1. Synthetic Routes for $\operatorname{Ru}(T M P)(R S H)_{2}$ Species


require separation of the bis(thiol) complexes from the RSSR coproducts. Further, reaction of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{O})_{2}$ with PhSH gives a mixture of Ru species, including the diamagnetic bisthiolato $\mathrm{Ru}^{\text {IV }}(\mathrm{TMP})(\mathrm{PhS})_{2},{ }^{23}$ suggesting some chemistry that is analogous to that of dioxo-Os ${ }^{\mathrm{VI}}$ porphyrins, where reactions with arylthiols yield stable bis-arylthiolato $\mathrm{Os}^{\text {IV }}$ complexes. ${ }^{39}$ Some details on the reactivity of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{O})_{2}$ toward thiols and on catalytic $\mathrm{O}_{2}$-oxidation of the $\mathrm{Ru}($ porp $)(\mathrm{RSH})_{2}$ species have been presented. ${ }^{23,40}$

Reports reveal that reactions between Fe porphyrins and thiols under anaerobic conditions in toluene (or benzene) are more complex than for the Ru systems: for example, $\mathrm{Fe}^{\text {III }}$ porphyrin derivatives react with alkylthiols to yield $\mathrm{Fe}^{\mathrm{II}}$ species with no S-containing ligands, ${ }^{41}$ whereas arylthiols produce $\mathrm{Fe}^{\text {III }}$ (porp)(arylthiolato) complexes, but these decompose in solution to yield thiolate-free Fe (II) species and the respective disulfide. ${ }^{41 \mathrm{a}, 42 \mathrm{a}, \mathrm{b}}$ Spectroscopic evidence indicates that the intermediate(admixed)-spin, ${ }^{43}$ four-coordinate, 'bare' $\mathrm{Fe}^{\mathrm{II}}$ (porp)
compounds are unreactive toward excess thiol, ${ }^{41 b, c}$ whereas addition of CO generates low-spin Fe (porp)(CO)(RSH) species. ${ }^{4 \mathrm{bb}, \mathrm{c}, 44}$ Of note, an $\mathrm{Fe}^{\text {III }}(\mathrm{TPP})(\mathrm{PhS})$ sample, cocrystallized with PhSH , changes in a reversible process at $\sim 4 \mathrm{~K}$ from high- to low-spin with formation of $\mathrm{Fe}^{\mathrm{III}}(\mathrm{TPP})(\mathrm{PhS})$ ( PhSH ). ${ }^{41 \mathrm{a}}$ The findings imply that thiols are weak ligands that might coordinate to $\mathrm{Fe}^{\mathrm{II}}$ (porp) if this species undergoes a thermal transition to a low-spin state. ${ }^{41 \mathrm{~b}, \mathrm{c}}$

Thiol(cysteine)-bound, low-spin six-coordinate $\mathrm{Fe}^{\mathrm{II}}$-heme species have been proposed as short-lived intermediates in two heme protein-mediated processes, ${ }^{45}$ and, in work from Dawson's group, spectroscopic evidence (UV-vis, MCD) suggests that low-spin $\mathrm{Fe}^{\mathrm{II}}($ porp $)(\mathrm{RSH})_{2}$ species can be formed at an $\mathrm{Fe}^{\mathrm{II}}-$ heme center of an H93G myoglobin mutant, ${ }^{18}$ thought to be $\mathrm{Fe}^{\mathrm{II}}($ porp $)\left(\mathrm{H}_{2} \mathrm{O}\right){ }^{46}$ Our findings on the low-spin $\mathrm{Ru}-$ porphyrin systems tend to corroborate the notion that lowspin Fe porphyrins bind thiols more strongly than high-spin species, although a mixture of five- and six-coordinate
thiol(cysteine)-bound complexes in P420 (an inactive form of $\mathrm{Fe}^{\mathrm{II}}$ cytochrome P450) has been suggested, and there is evidence for a high-spin, five-coordinate, $\mathrm{Fe}^{\mathrm{II}}$ heme thiol adduct in a cytochrome $c$ peroxidase mutant. ${ }^{18}$ These are the only examples of thiol-ligated, high-spin, five-coordinate heme species. Whether the heme spin state controls neutral thiol coordination remains an open question. It is also possible that the high-spin, ferrous heme-thiol systems detected in Dawson's work ${ }^{18}$ result from protein-induced constraints around the heme. To the best of our knowledge, no proteinfree, five- or six-coordinate $\mathrm{Fe}^{\text {II }}$ porphyrin-thiol species have been reported. The Ru (porp) ( RSH$)_{2}$ complexes may provide a convenient, room temperature entry for modeling thiol-ligated Fe porphyrin and heme protein systems.
3.3. Bis-Disulfide Complexes. Like the thiol complexes, the bis(disulfide) complexes are readily synthesized from the acetonitrile precursors (Scheme 2); they were generally made

Scheme 2. Synthesis of Bis(disulfide) Species

in situ and characterized by ${ }^{1} \mathrm{H}$ NMR spectroscopy, but the species are isolable as shown for $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$ that was more fully characterized using elemental analysis and an X-ray structure.

Disulfides are poor ligands, ${ }^{47}$ and are usually tethered to a chelating ligand in order to assist their coordination via $\eta^{1}$-(end-on), $\eta^{2}$-(side-on), or a $\mu$-fashion (Chart 4). Bridging

Chart 4. Binding Modes for Disulfide Ligands

End-on



disulfide complexes (tethered or not) comprise $>60 \%$ of disulfide structures deposited in the Cambridge Crystallographic Database; the next most common coordination mode is tethered end-on, while side-on and nontethered end-on modes are rare. The side-on mode, often postulated as an intermediate in oxidative addition of disulfides to yield bis-thiolato complexes (see eq 2), has been established in $\left[\mathrm{NbCl}_{4}(\mathrm{RSSR})_{2}\right]^{+}\left(\mathrm{R}=\mathrm{Me},{ }^{i} \mathrm{Pr}\right)^{48 \mathrm{a}}$ and $\mathrm{TiX}_{2} \mathrm{~L}\left(\mathrm{~L}=\right.$ an $\eta^{4}$ -disulfide-bridged bis(phenolate) ligand). ${ }^{48 \mathrm{~b}}$ There are just three reported nontethered, end-on X-ray structures within the complexes $\left[\mathrm{Ag}_{2}\left(\mathrm{Ph}_{2} \mathrm{~S}_{2}\right)_{4}\right]^{2+},{ }^{49 \mathrm{a}} \mathrm{W}(\mathrm{CO})_{5}\left(\longdiv { \mathrm { SSCH } _ { 2 } \mathrm { CH } = }\right.$ $\mathrm{CHCH}_{2}$ ), ${ }^{49 \mathrm{~b}}$ and $S-\mathrm{Cu}_{2} \mathrm{Br}_{4}-S$ (where $S=\mathrm{a}$ bonded S atom of a disulfide of a thiafulvalene system). ${ }^{50}$

The $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$ structure (Figure 2) reveals $\eta^{1}$-binding for both disulfide ligands and is the first example
with a nontethered, acyclic dialkyl disulfide. The geometry of the coordinated MeSSMe ligands is close to that of the free ligand ${ }^{51 a-\mathrm{d}}$ (Table 3); even the $S-S$ bond is only lengthed by $\sim 0.035 \AA$ Å.

Data for the three other structurally characterized, nontethered, end-on disulfide complexes ${ }^{49,50,51 e-h}$ (Table 3) show the same general feature. The geometric parameters at the Ru center of the bis-disulfide are close to those of bis-sulfide and $S$-bound bis-sulfoxide complexes (Table 4), with the $\mathrm{Ru}-\mathrm{S}$ bond length being in-between those of the sulfide and S-bonded sulfoxide complexes, ${ }^{4 \mathrm{~b}, \mathrm{~g}, 14}$ where $\mathrm{Ru} \rightarrow \mathrm{S} \pi$-backbonding has been evoked. As shown in Chart 5 for the disulfide, some $\mathrm{d}_{(\mathrm{Ru})} \rightarrow \sigma_{(\mathrm{S}-\mathrm{S})}^{*} \pi$-back-bonding is likely present via the $\mathrm{Ru} \mathrm{d} \mathrm{d}_{x z}$ (or $\mathrm{d}_{y z}$ ) orbital and the LUMO of MeSSMe, ${ }^{52}$ and this would lead to a proportional weakening of the S-S bond, as observed (Table 3). Ferric cytochrome P450 is thought to bind MeSSMe via the same $\eta^{1}$-coordination (see Introduction, Chart $3, \mathrm{~b}){ }^{19}$ The nonequivalence of the Me groups in the reported ${ }^{1} \mathrm{H}$ NMR spectrum of Rh (porp)(I)(MeSSMe) also implies an $\eta^{1}$-bonded disulfide. ${ }^{53}$

The ${ }^{1} \mathrm{H}$ NMR spectrum of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$ in $\mathrm{C}_{6} \mathrm{D}_{6}$ shows two upfield-shifted singlets ( $\delta 0.13$ and $\delta-1.65$ ) for the Me groups of the $\eta^{1}$-MeSSMe moiety. The most shifted $\delta$ -1.65 signal (for the Me group closest to the porphyrin $\pi$-ring current) has a shift of 3.61 ppm , comparable with that of the $\mathrm{CH}_{3} \mathrm{SH}$ signal of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSH})_{2}$ (Table 2). Similar behavior is observed for other disulfides (Figure 3), and assignments for coordinated EtSSEt, BnSSBn, and $\mathrm{MeSS}^{t} \mathrm{Bu}$ are straightforward (Table 5). For the ${ }^{n} \operatorname{PrSS}^{n} \operatorname{Pr}$ species, some signals overlap, and assignments required ${ }^{1} \mathrm{H}-{ }^{1} \mathrm{H}$ COSY NMR experiments (see Figures S1, S2). As with the thiol systems, the $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})$ species reveal greater shielding effects than the corresponding Ru (TMP) species. The upfield NMR shifts of the MeSSMe and BnSSBn species will be discussed further in section 3.4 with those of the corresponding sulfide and trisulfide complexes.

Contrary to the aliphatic and aromatic thiols that all readily formed $\mathrm{Ru}($ porp $)(\mathrm{RSH})_{2}$ (Scheme 1), the MeCN exchange with disulfide depended on substituents; for example, symmetric primary disulfides gave bis- $\eta^{1}$-(RSSR) $)_{2}$ species (Table 5), whereas the tertiary one ${ }^{t} \mathrm{BuSS}^{t} \mathrm{Bu}$ did not react. Secondary and aromatic symmetric disulfides, ${ }^{i} \mathrm{PrSS}{ }^{i} \mathrm{Pr}$ and PhSSPh , did react with Ru (porp) $(\mathrm{MeCN})_{2}$, but signals of the porphyrin and the coordinated disulfides were broadened. This behavior was not pursued, but it is reminiscent of that seen for $\mathrm{Ru}(\mathrm{OEP})(\mathrm{PhSPh})_{2}$, where the axial sulfide becomes labile due to steric interactions between the phenyl groups and porphyrin ring, as established in a crystal structure analysis; ${ }^{4 \mathrm{~b}}$ the dynamic ligand exchange (seen at $\sim 10^{-3} \mathrm{~mol} \mathrm{~L}^{-1}$ concentrations) was not seen with primary alkyl sulfides. ${ }^{4 \mathrm{~b}}$ That such steric effects are important in the disulfide ligand exchange was confirmed by a reaction with $\mathrm{MeSS}^{t} \mathrm{Bu}$, where coordination through the less sterically hindered sulfur was observed in both Ru (TMP) and $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})$ systems (Table 5). Coordination of ${ }^{t} \mathrm{BuSS}^{t} \mathrm{Bu}$ to the sterically less demanding $\left[\mathrm{FeCp}(\mathrm{CO})_{2}\right]^{+}$has been reported. ${ }^{54}$

1,2-Metallotropic shifts (Scheme 3), which are established for $\mathrm{M}(\mathrm{CO})_{5}\left(\eta^{1}-\mathrm{RSSR}\right)$ complexes $(\mathrm{M}=\mathrm{Cr}, \mathrm{Mo}$, or W$),{ }^{55}$ but are not seen in $\left[(\mathrm{Cp}) \mathrm{Fe}(\mathrm{CO})_{2}\left(\eta^{1}\right.\right.$-RSSR $\left.)\right] \mathrm{BF}_{4}$ species, ${ }^{54}$ were demonstrated for $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$ by a room temperature ${ }^{1} \mathrm{H}-{ }^{1} \mathrm{H}$ EXSY NMR experiment ${ }^{56}$ (Figure 4). The offdiagonal peaks clearly demonstrate intramolecular rearrangement of $\mathrm{C}^{1} \mathrm{H}_{3} \mathrm{~S}$ and $\mathrm{C}^{1}{ }^{1} H_{3} \mathrm{~S}$ groups, and the participation of free


Figure 2. ORTEP diagram of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$, with thermal ellipsoids shown at the $50 \%$ probability level; the centrosymmetric structure has an inversion center at the Ru. Selected bond distances $(\AA)$ and bond angles $(\mathrm{deg}): \mathrm{Ru}-\mathrm{S}(1) 2.3504(7), \mathrm{Ru}-\mathrm{N}(11) 2.050(2), \mathrm{Ru}-\mathrm{N}(12) 2.050(2)$, $\mathrm{S}(1)-\mathrm{S}(2) 2.0627(9), \mathrm{S}(1)-\mathrm{C}(31) 1.805(3), \mathrm{S}(2)-\mathrm{C}(32) 1.804(3), \mathrm{S}(1)-\mathrm{Ru}-\mathrm{N}(11) 85.10(6), \mathrm{S}(1)-\mathrm{Ru}-\mathrm{N}\left(11^{\prime}\right) 94.90(6), \mathrm{S}(1)-\mathrm{Ru}-\mathrm{N}(12)$ $91.73(6), \mathrm{S}(1)-\mathrm{Ru}-\mathrm{N}\left(12^{\prime}\right) 88.27(6), \mathrm{N}(11)-\mathrm{Ru}-\mathrm{N}(12) 90.07(8), \mathrm{N}(11)-\mathrm{Ru}-\mathrm{N}\left(12^{\prime}\right) 89.93(8), \mathrm{Ru}-\mathrm{S}(1)-\mathrm{S}(2) 107.76(3), \mathrm{Ru}-\mathrm{S}(1)-\mathrm{C}(31)$ $108.57(11), S(2)-S(1)-C(31) \quad 101.63(12), S(1)-S(2)-C(32) \quad 100.45(11), \mathrm{Ru}-S(1)-S(2)-C(32) 161.90(12), \mathrm{C}(31)-S(1)-S(2)-C(32)$ -84.06(17).

Table 3. Selected Average Bond Lengths ( $\AA$ ) and Angles (deg) in End-on Disulfide Complexes, with Corresponding Data for the Free Ligand ${ }^{a}$

| Disulfide |  | S-C | S-S | S-S-C | C-S-S-C | Ref. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MeSSMe | free | 1.806(2) | 2.022(3) | 104.1(3) | 83.9(9) | $51 a^{b}$ |
|  |  | 1.816(3) | 2.029(3) | 103.2(2) | 85(4) | $51 \mathrm{~b}^{\text {b }}$ |
|  |  | [1.784] | [2.066] | [107.0] | [76.1] | $51 \mathrm{c}, \mathrm{d}^{\text {c }}$ |
|  | bound | 1.805(3) | 2.0627(9) | 101.04(11) | 84.06(17) | t.w. ${ }^{\text {d }}$ |
| PhSSPh | free | 1.789(5) | 2.023(1) | 105.9(2) | $85.0(2)^{e}$ | 51 e |
|  | bound | 1.78(1) | 2.080(3) | 103.4(5) | $67.6(3)^{\mathrm{e}}$ | 49a |
| S | free | 1.815 | 2.056 | 98.5 | 61.9 | $51 \mathrm{f}^{f}$ |
|  | bound | 1.82(2) | $2.062(2)$ | 98.1(4) | $63.6(4)^{e}$ | 49b |
|  |  | 1.83(4) | 2.011 (8) | 99.4(4) ${ }^{e}$ | $65.7(2)^{e}$ | $51 \mathrm{~g}^{\mathrm{g}}$ |
|  |  | $1.795(6)$ | 2.040 (3) | $98.2(2)^{\text {e }}$ | $65.5(3)^{\text {c }}$ | $51 h^{h}$ |
|  | bound | 1.81(2) | 2.046 (5) | 97.9(8) | 65.6(5) | 50 |

${ }^{a}$ Estimated standard deviations in parentheses. ${ }^{b}$ Gas-phase electron diffraction data. ${ }^{c}$ Data (esd values unavailable) for a disordered MeSSMe moiety ${ }^{51 d}$ trapped in a complex crystal lattice. ${ }^{5 c \mathrm{c}} d_{\text {t.w. }}=$ This work (Figure 2$) ; S-S-C$ value is average of $S(1)-S(2)-C(32)$ and $S(2)-S(1)-$ $\mathrm{C}(31)$ values. ${ }^{e}$ Calculated from CCDC CIF file. ${ }^{f}$ Values are from ab initio geometry optimization data. ${ }^{g}$ Counterion: $\mathrm{I}_{3}{ }^{-}$. ${ }^{h} \mathrm{Counterion:}[\mathrm{CuCl}]_{4}{ }^{2-}$.

Table 4. Selected Average Bond Lengths $(\AA)^{a}$ and Angles (deg) ${ }^{a}$ in $\operatorname{Ru}(T M P)(M e S S M e) ~ 2, ~ R u(O E P)\left({ }^{n} \operatorname{DecSMe}\right)_{2},{ }^{4 b}$ $\mathrm{Ru}(\mathrm{OEP})\left(\mathrm{Ph}_{2} \mathrm{~S}\right)_{2},{ }^{4 \mathrm{~b}} \mathrm{Ru}(\mathrm{OEP})\left(\mathrm{Et}_{2} \mathrm{SO}_{2}\right)_{2},{ }^{4 \mathrm{~g}}$ and $\mathrm{Ru}(\mathrm{TPP})(\mathrm{DMSO})_{2}{ }^{14}$

| length or angle | $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$ | $\mathrm{Ru}(\mathrm{OEP})\left({ }^{n} \mathrm{DecSMe}\right)_{2}{ }^{b}$ | $\mathrm{Ru}(\mathrm{OEP})\left(\mathrm{Ph}_{2} \mathrm{~S}\right)_{2}$ | $\mathrm{Ru}(\mathrm{OEP})\left(\mathrm{Et}_{2} \mathrm{SOO}_{2}\right.$ | $\mathrm{Ru}(\mathrm{TPP})(\mathrm{DMSO})_{2}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $\mathrm{Ru}-\mathrm{S}$ | $2.3504(6)$ | $2.369(2)$ | $2.371(1)$ | $2.319(1)$ | $2.3140(7)$ |
| $\mathrm{Ru}-\mathrm{N}$ | $2.052(4)$ | $2.05(1)$ | $2.049(3)$ | $2.057(6)$ | $2.045(4)$ |
| $\mathrm{S}-\mathrm{C}$ | $1.810(6)$ | $1.811(8)$ | $1.80(1)$ | $1.78(2)$ | $c$ |
| $\mathrm{~S}-\mathrm{Ru}-\mathrm{N}(\min )$. | $85.05(6)$ | $86.9(1)$ | $82.8(1)$ | $88.2(1)$ | $c$ |
| $\mathrm{~S}-\mathrm{Ru}-\mathrm{N}(\max )$ | $94.95(6)$ | $94.7(1)$ | $97.2(1)$ | $91.8(1)$ | $c$ |
| $\mathrm{~S}-\mathrm{Ru}-\mathrm{S}$ | 180.0 | $178.27(3)$ | 180.0 | 180.0 | $c$ |
| $\mathrm{Ru}-\mathrm{S}-\mathrm{C}$ | $108.6(1)$ | $109.0(4)$ | $113.2(4)$ | $112.4(6)$ | $c$ |
| $\mathrm{Ru}-\mathrm{S}-\mathrm{S}$ | $107.4(4)$ | - | - | - | - |

${ }^{a}$ Standard deviations in parentheses. ${ }^{b}$ Dec $=$ decyl. ${ }^{c}$ Disordered DMSO ligands.

Chart 5. $\pi$-Back-bonding in the Disulfide Complex

ligand is ruled out by the absence of cross-peaks between coordinated and free disulfide. ${ }^{55 \mathrm{a}}$ A side-on RSSR intermediate (Scheme 3) is usually invoked, ${ }^{55 a, c, \mathrm{~d}}$ implying a transient sevenor eight-coordinate $\mathrm{Ru}^{\text {II }}$ intermediate, depending on whether the 1,2 -shift of each MeSSMe moiety occurs in a stepwise or concerted fashion, respectively, and both such species have
been shown feasible within $\mathrm{Ru}^{\text {II }}$ (porp)-diphosphine complexes (Chart $6 \mathrm{a}, \mathrm{b}) .{ }^{57}$ Of note, the distance between the Ru and the "dangling" sulfur in $\operatorname{Ru}(T M P)(M e S S M e)_{2}$ is $3.57 \AA$, which is less than the sum of the van der Waals radii of $S(1.80 \AA)^{58 \mathrm{a}}$ and Ru $(2.30 \AA),{ }^{58 b}$ and suggests a weak interaction as in Chart 6 c ; this could result from partial $\pi$-back-bonding to the $\sigma^{*}{ }_{(S-S)}$ orbital of the disulfide (Scheme 4), which would polarize the $S-S$ bond and lead to a partial increase in electron density on the "dangling" S atom, thereby contributing to the driving-force of the 1,2 -shift. This perhaps implies that only a small reorganization energy is needed to sustain such an intramolecular rearrangement; indeed, for the $\mathrm{M}(\mathrm{CO})_{5}\left(\mathrm{Me}_{3} \mathrm{SiCH}_{2} \mathrm{SSCH}_{2} \mathrm{SiMe}_{3}\right)$ systems $(\mathrm{M}=\mathrm{Cr}, \mathrm{Mo}, \mathrm{W})$, the $\Delta \stackrel{\ddagger}{S^{*}}$ value is only -9 to $+8 \mathrm{~J} \mathrm{~K}^{-1} \mathrm{~mol}^{-1.55 \mathrm{c}}$

An ${ }^{1} \mathrm{H}$ NMR titration of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ with MeSSMe (Table S2) revealed the stepwise nature of disulfide binding via equilibria defined by $K_{1}$ and $K_{2}$ (eqs 6 and 7 ); the individual


Figure 3. In situ ${ }^{1} \mathrm{H}$ NMR spectra $\left(300 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}\right)$ of $\mathrm{Ru}(\mathrm{T}-\mathrm{pMe}-\mathrm{PP})(\mathrm{EtSSEt})_{2}$ (top) and $\mathrm{Ru}(\mathrm{TMP})(\mathrm{BnSSBn})_{2}$ (bottom); expanded regions have different scales. Assignments: $\mathrm{a}, \mathrm{a}^{\prime}$, $\mathrm{b}, \mathrm{b}^{\prime}, \mathrm{c}, \mathrm{c}^{\prime}$, d , $\mathrm{d}^{\prime}$ for coordinated disulfide; $\beta, \beta$-pyrrole; f , free disulfide; g (see Figure 1 legend); $m, m$ - $\mathrm{C}_{6} H_{4} ; \mathrm{n}$, free MeCN ; o, o- $\mathrm{C}_{6} \mathrm{H}_{4}$; S, residual $\mathrm{C}_{6} \mathrm{H}_{6}$; st, satellite ( ${ }^{1} \mathrm{H}-{ }^{13} \mathrm{C}$ coupling); $\mathrm{r}, \mathrm{Ru}(\mathrm{TMP})(\mathrm{CO})$ impurity; w, residual $\mathrm{H}_{2} \mathrm{O} . m-\mathrm{C}_{6} \mathrm{H}_{2}$ signal hidden under $S$ signal.

Table 5. Ring-Current Effects in $\operatorname{Ru}($ porp $)\left(\text { RSSR }^{\prime}\right)_{2}$ Species $^{a}$

| Ru (porp) | RSSR' | $\Delta \delta_{\mathrm{H}}=\delta_{\mathrm{H}}($ free disulfide $)-\delta_{\mathrm{H}}($ coordinated disulfide $)$ |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\mathrm{C}^{\mathbf{1}} H\left(\mathrm{C}^{\prime} H\right)$ | $\mathrm{C}^{2} H\left(\mathrm{C}^{2} H\right)$ | $\mathrm{C}^{3} H\left(\mathrm{C}^{3} \mathrm{H}\right)$ | $o-H-\mathrm{Ph}\left(o-H-\mathrm{Ph}^{\prime}\right)$ | $m-\mathrm{H}-\mathrm{Ph}\left(m-\mathrm{H}-\mathrm{Ph}^{\prime}\right)$ | $p-H-\mathrm{Ph}\left(p-H-\mathrm{Ph}^{\prime}\right)$ |
| $\mathrm{Ru}(\mathrm{TMP})$ | MeSSMe | 3.61 | - | - | - | - | - |
|  |  | (1.83) | - | - | - | - | - |
|  | EtSSEt | 4.02 | 1.82 | - | - | - | - |
|  |  | (2.61) | (0.45) | - | - | - | - |
|  | ${ }^{n} \operatorname{Pr} \underline{\underline{S}} S^{n} \operatorname{Pr}$ | 4.11 | 1.87 | 1.11 | - | - | - |
|  |  | (1.72) | (1.40) | (0.78) | - | - | - |
|  | BnSSBn | 3.83 | - | - | 1.33 | 0.63 | 0.63 |
|  |  | (2.09) | - | - | (1.18) | (0.33) | (0.33) |
|  | MeSS ${ }^{\text {b }}$ Bu | 3.57 | - | - | - | - | - |
|  |  | (1.35) | - | - | - | - | - |
| $\mathrm{Ru}(\mathrm{T}-\mathrm{p} \mathrm{Me}-\mathrm{PP})$ | MeSSMe | 3.88 | - | - | - | - | - |
|  |  | (2.08) | - | - | - | - | - |
|  | EtSSEt | 4.15 | 2.10 | - | - | - | - |
|  |  | (2.66) | (0.64) | - | - | - | - |
|  | ${ }^{n} \operatorname{Pr} \underline{\underline{S}} S^{n} \operatorname{Pr}$ | 4.17 | 2.26 | 1.13 | - | - | - |
|  |  | (1.94) | (1.49) | (0.73) | - | - | - |
|  | BnSSBn | 4.06 | - | - | 1.61 | 0.80 | 0.64 |
|  |  | (2.26) | - | - | (1.22) | (0.21) | (0.21) |
|  | MeSS ${ }^{\text {t }}$ Bu | $3.82$ | - | - | - | - | - |
|  |  | (1.42) | - | - | - | - | - |

${ }^{a} \delta$ values in $\mathrm{ppm}\left(\mathrm{C}_{6} \mathrm{D}_{6}\right)$; data for free disulfides are given in Table S1.

Scheme 3. 1,2-Metallotropic Shifts in Disulfide Species


$$
\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}+\mathrm{MeSSMe}
$$

$$
\begin{equation*}
=\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})(\mathrm{MeSSMe})+\mathrm{MeCN}, K_{1} \tag{6}
\end{equation*}
$$

$$
\begin{align*}
& \mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})(\mathrm{MeSSMe})+\mathrm{MeSSMe} \\
& \quad=\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}+\mathrm{MeCN}, K_{2} \tag{7}
\end{align*}
$$

values are indeterminable since no free disulfide was detected at the NMR concentrations used until $\left[\mathrm{MeSSMe}_{\text {added }}\right]>\left[\mathrm{Ru}_{\text {total }}\right]$. The $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})(\mathrm{MeSSMe})$ species was readily detected during the titration (Figures 5, 6, and Figures S3, S4.), since the axial nonsymmetry results in two singlets for the $o-\mathrm{Me}$ protons versus just the one seen for each of the $\mathrm{Ru}($ TMP $) \mathrm{L}_{2}$ species ( $\mathrm{L}=\mathrm{MeCN}$, MeSSM) (Figure 6). Integration of the resonances in the $o$-Me region furnishes a distribution diagram for the Ru species, and a calculated $K_{2} / K_{1}$ ratio of $2.0 \pm 0.4$ (Table S2, Figure 7). The cooperative effect $\left(K_{2}>K_{1}\right)$ is consistent with the nondetection of a $\mu$-MeSSMe species even at a low [MeSSMe]; indeed, the bis-MeSSMe species is observed even at a MeSSMe:Ru mol ratio of 0.42 (Figures 5, 6, S3 and S4, spectrum 2; Table S2, entry 2). More standard behavior $\left(K_{2}<K_{1}\right)$ is exemplified by an unhindered $\mathrm{Rh}($ porp $)(\mathrm{I}) / \mathrm{MeSSMe}$ reaction that only forms a monoadduct, ${ }^{53}$ and by $\mathrm{Co}^{\mathrm{II}}$-porphyrin systems in noncoordinating solvents. ${ }^{59}$ More intriguing is the similar $K_{2}<K_{1}$ behavior of $\mathrm{Fe}^{\text {II }}$ porphyrin systems, which is usually ascribed to the gain in crystal field stabilization energy on going from a high-spin, fivecoordinate species to a low-spin six-coordinate species; ${ }^{12 a, 60}$ in contrast, the $\mathrm{Ru}^{\mathrm{II}}$-porphyrin species here are six-coordinate,


Figure 4. ${ }^{1} \mathrm{H}-{ }^{1} \mathrm{H}$ EXSY NMR spectrum ( $300 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}$ ) of in situ sample of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2}$. Assignments: $\mathrm{a}, \mathrm{b}$, o , p , see schematic diagram (top); f, free MeSSMe; n, free MeCN; w, residual $\mathrm{H}_{2} \mathrm{O}$; g (see Figure 1 legend).
low-spin. However, $K_{2} / K_{1}$ is typically in the $10-30$ range for Fe porphyrin species ${ }^{60}$ compared to $\sim 2$ in the $\mathrm{Ru}($ TMP $)-$ MeCN-MeSSMe system, where metal-ligand interactions such as the relative trans influence of MeSSMe and MeCN in the mixed ligand species might be important. The greater polarizing power of S - versus N -containing ligands in platinum metal complexes, ${ }^{47}$ and the greater basicity of MeSSMe versus

Chart 6. Plausible Seven- and Eight-Coordinate
$\mathbf{R u}$ (porphyrin) Species

a

b


$$
\left(\overparen{\mathrm{PP}}=\mathrm{Ph}_{2} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{2} \mathrm{PPh}_{2}\right)
$$

Scheme 4. $\pi$-Back-Bonding to the Disulfide $\sigma_{(\mathrm{s}-\mathrm{s})}^{*}$ Orbital


MeCN (at least in the gas phase), ${ }^{61}$ coupled with the fact that ligand substitution reactions of $\mathrm{Ru}(\mathrm{TMP}) \mathrm{L}_{2}$ complexes ( $\mathrm{L}=$ nitriles, amines, imines) occur via a dissociative (or interchange dissociative) mechanism, ${ }^{62}$ likely favor the substitution reaction of eq 7 (vs eq 6) and result in a higher $K_{2}$ value (relative to $K_{1}$ ).
3.4. Bis-Trisulfide Complexes. Whereas the organic chemistry of trisulfides, particularly with regard to biological and medicinal properties, is well-documented, ${ }^{63}$ reports on their coordination chemistry are scarce. ${ }^{64}$ Many naturally occurring trisulfides have been isolated, or prepared in situ, during workup procedures of plant, algae, ascidia, or fungi extracts, ${ }^{63}$ but the metabolic/physiologic functions in these organisms are not welldefined. ${ }^{63 \mathrm{~d}}$ The natural products calichemicin and esperamicin, for instance, inaugurate a new class of potent antitumor antibiotics, ${ }^{65 a, b}$ with mechanisms depending upon a complex chain of reactions triggered by a trisulfide moiety that cleaves DNA. ${ }^{65 c, d}$ The cytotoxicity of varacin, a cyclic pentasulfide natural


Figure 6. ${ }^{1} \mathrm{H}$ NMR spectra (mesityl $o$-Me region) for the $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2} / \mathrm{MeSSMe}$ titration ( $300 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}$; Table S2); $\mathrm{M}=\mathrm{Ru}(\mathrm{TMP}) ; \mathrm{A}=\mathrm{MeCN} ; \mathrm{B}=\mathrm{MeSSMe}$.


Figure 7. Species distribution diagram for the $\mathrm{Ru}(\mathrm{TMP}) \mathrm{MeCN} /$ MeSSMe system; data in Table S2 ( $\mathrm{C}_{\mathrm{M}}=$ concentration of species).
product, has been ascribed to radical, oxidative DNA damage (via Fenton-like chemistry), and derivatization to a trisulfide species possibly plays a key role in the biological activity. ${ }^{66}$ Studies on such



Figure 5. ${ }^{1} \mathrm{H}$ NMR spectra ( $\beta$-pyrrole region) for the $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2} / \mathrm{MeSSMe}$ titration ( $300 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}$; Table S 2 ); $\mathrm{M}=\mathrm{Ru}(\mathrm{TMP})$; $\mathrm{A}=\mathrm{MeCN} ; \mathrm{B}=\mathrm{MeSSMe}$.
activity of garlic and onion organosulfur compounds are also relevant here, in that their extracts are rich in diallyl trisulfide that has anticarcinogenic and antiproliferative activity in which modulation of cytochrome P450 activity has been implicated. ${ }^{67,68}$ However, details of the trisulfide-hemoprotein interactions remain unknown.

Our studies on the trisulfide complexes of Ru porphyrins were limited to the commercially available RSSSR ( $\mathrm{R}=\mathrm{Me}$ or $\mathrm{Bn})$. The in situ syntheses of the $\mathrm{Ru}($ porp $)(\text { RSSSR })_{2}$ complexes were akin to those of the thiol, sulfide and disulfide species. The two singlets or two sets of ${ }^{1} \mathrm{H}$ NMR signals seen for the coordinated RSSSR moieties of Ru (porp)(MeSSSMe) ${ }_{2}$ and $\mathrm{Ru}($ porp $)(\mathrm{BnSSSBn})_{2}$, respectively, reveal nonsymmetric coordination of the trisulfide. The R group closest to the porphyrin plane again experiences a more pronounced ring-current shielding effect; the NMR data thus imply coordination to a terminal rather than a central $S$ atom since the latter would give only one set of proton signal(s) for both R groups of an RSSSR ligand. The possibility of an $\eta^{2}-1,2$-coordination mode of RSSSR cannot be completely excluded, but an end-on $\eta^{1}$-mode is assigned by analogy to data for the disulfide systems. Theoretical calculations on trisulfides favor $\eta^{1}$-coordination through the terminal sulfur, ${ }^{64 g}$ but coordination via the central S atom can be forced by incorporating the trisulfide into an appropriate chelating ligand..$^{64 \mathrm{c}}$ The suggested coordination of nontethered trisulfides to $\mathrm{Pt}^{\mathrm{II}}$ via the central sulfur in early work remains speculative. ${ }^{64 \mathrm{~d}, \mathrm{e}}$

Of interest, remarkable linear correlations are observed between the ring-current shielding shifts for the axial-ligand $\mathrm{C}^{1}$ proton(s) of the $\mathrm{Ru}($ porp $)\left(\mathrm{RS}_{x} \mathrm{R}\right)_{2}$ complexes $(x=1-3)$ and $x$ (Table 6, Figure 8). For the $\mathrm{MeS}_{x} \mathrm{Me}$ series, an increase in $x$

Table 6. Ring-Current Effects for Ru (porp) $\mathrm{L}_{2}$ Species ( $\mathrm{L}=$ Sulfide, Trisulfide). ${ }^{a, b, c}$

| Ru (porp) | L | $\Delta \delta_{\mathrm{H}}=\delta_{\mathrm{H}}\left(\right.$ free L) $-\delta_{\mathrm{H}}($ coordinated L $)$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} \mathrm{C}^{\mathrm{I} \mathrm{H}} \mathrm{C} \\ \left(\mathrm{C}^{1} H\right) \end{gathered}$ | $\begin{gathered} o-\mathrm{H}-\mathrm{Ph} \\ \left(o-H-\mathrm{Ph}^{\prime}\right) \end{gathered}$ | $\begin{gathered} m-\mathrm{H}-\mathrm{Ph} \\ \left(m-\mathrm{H}-\mathrm{Ph}^{\prime}\right) \end{gathered}$ | $\begin{gathered} p-\mathrm{H}-\mathrm{Ph} \\ \left(p-\mathrm{H}-\mathrm{Ph}^{\prime}\right) \end{gathered}$ |
| $\mathrm{Ru}(\mathrm{TMP})$ | MeSMe | 3.75 | - | - | - |
|  | MeSSSMe | 3.51 | - | - | - |
|  |  | (1.28) | - | - | - |
|  | BnSBn | 3.77 | 1.83 | 0.84 | 0.71 |
|  | BńSSBn | 4.09 | 1.35 | 0.65 | 0.65 |
|  |  | (1.72) | (0.76) | (0.31) | (0.31) |
| $\mathrm{Ru}(\mathrm{T}-\mathrm{p} \mathrm{Me}-\mathrm{PP})$ | MeSMe | 3.96 | - | - | - |
|  | MeSSSMe | 3.78 | - | - | - |
|  |  | (1.32) | - | - | - |
|  | BnSBn | 3.93 | 1.95 | 0.75 | 0.62 |
|  | BnSSSBn | 4.17 | 1.52 | 0.71 | 0.61 |
|  |  | (1.41) | (0.71) | (0.25) | (0.25) |

${ }^{a} \delta$ values in $\mathrm{ppm}\left(\mathrm{C}_{6} \mathrm{D}_{6}\right) \cdot{ }^{b}$ Data for the RSSR-disulfide species ( $\mathrm{R}=$ $\mathrm{Me}, \mathrm{Bn}$ ) are given in Table 5. ${ }^{c}$ Data for free sulfides and trisulfides are given in Table S1.
gives a decrease in $\Delta \delta_{\mathrm{H}}$ for both TMP and T-pMe-PP systems, with respective slopes of -0.09 and $-0.12 \mathrm{ppm} / \mathrm{S}$ atom. Conversely, corresponding $\Delta \delta_{\mathrm{H}}$ values in the $\mathrm{BnS}_{x} \mathrm{Bn}$ series increase linearly with $x$ ( +0.16 and $+0.12 \mathrm{ppm} / \mathrm{S}$ atom). The poorer correlation seen for the $\mathrm{Ru}(\mathrm{TMP})\left(\mathrm{BnS}_{x} \mathrm{Bn}\right)_{2}$ series may result from interactions of the benzyls with the mesityl o-Me groups of TMP (see below).

Rationales for these correlations are unclear within the steric and electronic effects that must control the ligand coordination


Figure 8. Ring-current shielding shifts for $\mathrm{C}^{1} H$ of the $\mathrm{RS}_{x} \mathrm{R}$ ligands $(x=1-3 ; \mathrm{R}=\mathrm{Me}$ or Bn$): \bigcirc \mathrm{Ru}(\mathrm{TMP})\left(\mathrm{MeS}_{x} \mathrm{Me}\right)_{2} ; \bigcirc \mathrm{Ru}(\mathrm{T}-p \mathrm{Me}-$ $P \mathrm{P})\left(\mathrm{MeS}_{x} \mathrm{Me}\right)_{2} ; \triangle \mathrm{Ru}(\mathrm{TMP})\left(\mathrm{BnS}_{x} \mathrm{Bn}\right)_{2} ; \mathrm{Ru}(\mathrm{T}-p \mathrm{Me}-\mathrm{PP})$ $\left(\mathrm{BnS}_{x} \mathrm{Bn}\right)_{2}$. Standard deviations are smaller than the size of the symbols.
but, assuming that the shielding reflects the proximity of the $\mathrm{C}^{1} \mathrm{H}$ to the porphyrin ring and thus the "strength" of the $\mathrm{Ru}-\mathrm{S}$ interaction, the conclusions would be that the interaction of $\mathrm{MeS}_{x} \mathrm{Me}$ decreases in the order sulfide $>$ disulfide $>$ trisulfide. If steric effects in the $\mathrm{MeS}_{x} \mathrm{Me}$ species are negligible, the trend could mirror the donor strength of the ligands and, consistent with this, the stability constant for binding of MeSMe to cytochrome P450 adduct is double that of MeSSMe. ${ }^{19}$ For the $\mathrm{BnS}_{x} \mathrm{Bn}$ series, steric effects could override electronic effects and, as a benzyl group is much more sterically demanding than a S atom, ${ }^{58 \mathrm{a}}$ the extension of the S-chain in the $\mathrm{BnS}_{x} \mathrm{Bn}$ series could reduce steric congestion and allow for better coordination and the observed trend: trisulfide > disulfide > sulfide. Related is the nonbonding interaction between the Ph groups and porphyrin ring within $\mathrm{Ru}(\mathrm{OEP})(\mathrm{PhSPh})_{2}$, which is reflected in both solid state characteristics and solution chemistry of this complex. ${ }^{4 \mathrm{~b}}$ The same trend seen for the $\mathrm{BnS}_{x} \mathrm{Bn}$ species has also been established within a crystalline polymeric network formed by coordination of diallyl trisulfide, disulfide, and sulfide to CuCl , where bonding of the allyl moieties was also verified. ${ }^{64 j}$ Of note, these diallyl compounds (present in garlic) modulate the activity of P450 (again in the same trisulfide $>$ disulfide $>$ sulfide order), ${ }^{68 \mathrm{~b}}$ and their toxicity also follows the same trend. ${ }^{69 \mathrm{a}}$ A tentative conclusion is that dibenzyl derivatives might be better structural models for the diallyl compounds than the dimethyl series. In the P450 systems, ${ }^{68}$ protein-substrate interactions are almost certainly involved as well as heme-sulfur binding.

Of the garlic-derived $\mathrm{RS}_{x} \mathrm{R}$ compounds ( $x=1-3 ; \mathrm{R}=$ alkyls, allyl) that show biological activitiy, ${ }^{69}$ the dialkyls are largely ineffective ${ }^{688,69 c, f}$ whereas the diallyl species, particularly the trisulfide, ${ }^{68 f, 69}$ show high hepatoprotectivity against $\mathrm{CCl}_{4}{ }^{-}$ induced hepatotocixity, ${ }^{68 f}$ antiproliferative activity against cancer cell lines, ${ }^{69 c, e-g}$ and antimicrobial activity. ${ }^{69 a, b, d}$ A recent systematic study has revealed that trisulfides of hindered dialkenyl series are invariably more active than those of the alkyl series. ${ }^{69 \mathrm{~g}}$ The "conceived" resemblance between the structural dependence of these biological systems and that discussed for the $\mathrm{Ru}($ porp $)\left(\mathrm{RS}_{x} \mathrm{R}\right)_{2}$ systems might be purely incidental, and in-depth studies on both biological and biomimetic fronts are clearly needed.

The linear correlations of Figure 8 bring to mind the findings that the molecular refractive indicies, logarithms of viscosity, and chromatographic capacity factors, within the homologous
$\mathrm{RS}_{x} \mathrm{R}$ series $(x \geq 1)$ are reportedly also linear functions of the number of $S$ atoms in the polysulfide chain, ${ }^{63 c, 70}$
3.5. Reactions with $\mathrm{H}_{2} \mathrm{~S}$. Preliminary studies on the reaction of $\mathrm{H}_{2} \mathrm{~S}$ with benzene solutions of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ have provided no evidence for formation of an $\mathrm{H}_{2} \mathrm{~S}$ adduct; elemental analyses and MS data of isolated, but as yet unpurifed, products are more consistent with formation of a dimeric species with a (TMP)RuSSRu(TMP) core. Work continues on the $\mathrm{H}_{2} \mathrm{~S}$ reactions.

## 4. CONCLUSIONS

Ruthenium(II)-porphyrin complexes with bis-thiol, -sulfide, -disulfide, and -trisulfide axial ligands are readily prepared from $\mathrm{Ru}($ porp $)(\mathrm{MeCN})_{2}$. The ${ }^{1} \mathrm{H}$ NMR data are the first reported for any metalloporphyrin complexes with axial thiol ligands, and reveal upfield shifts for the SH protons because of the porphyrin $\pi$-ring current. The bis-thiol complexes represent potential models for recently proposed short-lived thiol-(cysteine)-bound, low-spin six-coordinate $\mathrm{Fe}^{\mathrm{II}}$ species thought to participate in heme protein-mediated processes (see Introduction). Exchange of the MeCN ligands with a disulfide ligand is sensitive to the nature of the disulfide: the primary disulfide MeSSMe gives $\mathrm{Ru}(\mathrm{TMP})(\mathrm{RSSR})_{2}(\mathrm{R}=\mathrm{Me})$, the tertiary ${ }^{t} \mathrm{BuSS}{ }^{t} \mathrm{Bu}$ is unreactive, and $\mathrm{MeSS}^{t} \mathrm{Bu}$ coordinates via the less sterically hindered $S$ atom. The $\mathrm{R}=\mathrm{Me}$ species has $\eta^{1}-S$ disulfide ligands with geometry reminiscent of that of bis(sulfide) and bis(S-sulfoxide) analogues, and undergoes $1,2-\mathrm{Ru}-\mathrm{S}$-metallotropic shifts in solution at room temperature. The bis(disulfide) species is formed in successive solution equilibria via $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})(\mathrm{MeSSMe})$ that are characterized by a cooperative effect $\left(K_{2} / K_{1} \approx 2.0\right)$. This is ascribed to the relative trans effects of MeSSMe and MeCN in the mixed ligand species; this contrasts with a similar but larger cooperativity effect seen in $\mathrm{Fe}^{\mathrm{II}}$-porphyrin systems, which results from gain in crystal field stabilization energy. By analogy to the disulfide species, the Ru (porp) $(\text { RSSSR })_{2}$ complexes $(\mathrm{R}=$ $\mathrm{Me}, \mathrm{Bn}$ ) are thought to contain $\eta^{1}$-coordinated trisulfides via a terminal $S$ atom. Analysis of noteworthy linear correlations between the ring-current shielding shifts for the axial-ligand $\mathrm{C}^{1}$ protons of the $\mathrm{Ru}(\operatorname{porp})\left(\mathrm{RS}_{x} \mathrm{R}\right)_{2}$ systems $(\mathrm{R}=\mathrm{Me}, \mathrm{Bn}, x=1-3)$ and $x$ suggests that the species may be of relevance as models for studying the biological effects of diallyl trisulfide, where interactions with P450 have been implicated.

## ASSOCIATED CONTENT

## (s) Supporting Information

CIF for $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeSSMe})_{2} \cdot 2 \mathrm{C}_{6} \mathrm{H}_{6} ;{ }^{1} \mathrm{H}-{ }^{1} \mathrm{H}$ COSY NMR spectra of $\mathrm{Ru}($ porp $)\left({ }^{n} \mathrm{PrSS}^{n} \mathrm{Pr}\right)_{2}$ (porp = TMP and T-pMe-PP); ${ }^{1} \mathrm{H}$ NMR data for free thiols, sulfides, disulfides, and trisulfides in $\mathrm{C}_{6} \mathrm{D}_{6}$; and experimental data for the ${ }^{1} \mathrm{H}$ NMR titration of $\mathrm{Ru}(\mathrm{TMP})(\mathrm{MeCN})_{2}$ with MeSSMe. This material is available free of charge via the Internet at http://pubs.acs.org.

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